Supplementary Table 1. Consolidated criteria for Reporting Qualitative research (COREQ) Checklist.

Domain 1: Research team and reflexivity		
Personal Characteristics		Location in Manuscript, section (page number)
Which author/s conducted the interview or focus group?	ES, JK, CS	Methods (Page 5)
What were the researcher's credentials? E.g. PhD, MD	NJ (MD, MSc), ES (BKin/BCom), JK (BSc), CS (MSc), JD (RN, PhD candidate), KMS (PhD)	Title Page
What was their occupation at the time of the study?	NJ (Attending Physician), ES (Graduate Student), JK (Graduate Student), CS (Research Associate), JD (Graduate Student), MB (Attending Physician), JD (Attending Physician), KMS (Assistant Professor)	Not reported in manuscript
Was the researcher male or female?	Female: NJ, ES, JK, CS, JD, MB, KMS; Male: JD	Methods (Page 5 & 6)
What experience or training did the researcher have?	All (training in qualitative methods, facilitator experience)	Methods (Page 6 & 7)
Relationship with participants	1	<u> </u>
Was a relationship established prior to study commencement?	No	Methods (Page 6)
What did the participants know about the researcher? e.g. personal goals, reasons for doing the research	Participants received an email outlining the objectives of the study, verification of ethical approval, and an informed consent form detailing the interview process. An additional oral consent process was completed with all participants and an opportunity to ask and answer all questions occurred prior to commencement of the semi-structured interview.	Methods (Page 7)
What characteristics were reported about the interviewer/facilitator? e.g., Bias, assumptions, reasons and interests in the research topic	Yes. Interviewers were graduate students and research associate	Methods (Page 6)
Domain 2: Study design	<u> </u>	<u> </u>
Theoretical framework		
What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis	Interpretive description; inductive thematic analysis in accordance with Braun & Clarke methodology	Methods (Page 4)
Participant Selection		
How were participants selected? e.g. purposive, convenience, consecutive, snowball	Convenience	Methods (Page 5)
How were participants approached? e.g. face-to-face, telephone, mail, email	Recruited via e-mail, social media	Methods (Page 5)
How many participants were in the study?	12	Results (Page 7)

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How many people refused to participate or dropped out? Reasons?	Not applicable	Not applicable
Setting		<u> </u>
Where was the data collected? e.g. home, clinic, workplace	Virtually via Zoom	Methods (Page 5)
Was anyone else present besides the participants and researchers?	No	Methods (Page 5)
What are the important characteristics of the sample? e.g. demographic data, date	Demographic data	Table 1, Results
Data collection		
Were questions, prompts, guides provided by the authors? Was it pilot tested?	Interview guides were provided by authors and reviewed by two senior surgeons	Methods (Page 5), Supplementary files
Were repeat interviews carried out? If yes, how many?	No	Not reported in manuscript
Did the research use audio or visual recording to collect the data?	All semi-structured interviews were audio- recorded only using the audio recording feature on Zoom	Methods (Page 5)
Were field notes made during and/or after the interview or focus group?	Yes, but field notes were not utilized in the data analysis	Methods (Page 5)
What was the duration of the interviews or focus group?	All interviews lasted approximately 30 minutes	Methods (Page 5)
Was data saturation discussed?	Yes	Methods (Page 6)
Were transcripts returned to participants for comment and/or correction?	No	Methods (Page 5)
Domain 3: analysis and findings		
Data analysis		
How many data coders coded the data?	Two (NJ, ES)	Methods (Page 6)
Did authors provide a description of the coding tree?	Yes	Methods (page 6)
Were themes identified in advance or derived from the data?	Inductive thematic analysis	Methods (Page 6)
What software, if applicable, was used to manage the data?	NVivo12	Methods (Page 6)
Did participants provide feedback on the findings?	Interviewers and two participants reviewed Results	Methods (Page 6)
Reporting		
Were participant quotations presented to illustrate the themes/findings? Was each quotation identified? e.g., participant number	Yes. Quotations associated with participant number	Results (Pages 8-12), Table 2
Was there consistency between the data presented and the findings?	Yes	Results (Pages 8-12), Table 2
		1

Supplementary Table

Is there a description of diverse cases or discussion of	Yes	Results (Page 8-12)
minor themes?		