

The frequency and source of eyeglass insurance coverage in Ontario: A repeated population-based cross-sectional study

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Abstract:	Background: Inability to afford eyeglasses leaves refractive errors inadequately corrected, which accounts for two-thirds of visual impairment in Canada. We determined the frequency and source of eyeglass insurance to understand how Canadians finance optical correction. Methods: Insurance data from Ontario respondents to the Canadian Community Health Survey in 2003 (n=42,777), 2005 (n=41,766), and 2013/14 (n=42,553) was analyzed by socio-demographics. Proportions and prevalence ratios (PR) of having insurance were computed and

with higher levels of education. In recent years, government-sponsored insurance increased significantly amongst low-educated individuals.	secondary school graduation, from 29.2% (95% CI 26-33%, 76,400 individuals) in 2005 to 41.7% (95% CI 37-46%, 93,900 individuals) in 2013/14. Ontarians in households without secondary school graduatio (versus those with) were less likely to report employer-sponsored coverage (adjusted PR 0.79, 95% CI 0.75-0.84), but more likely to ha government-sponsored coverage (adjusted PR 1.27, 95% CI 1.06-1.5 Interpretation: 62% of Ontarians had eyeglass insurance. The largest source of insurance was employer-sponsored, primarily covering those	Results: Insurance covered all or part of eyeglass costs for 62% of Ontarians in all survey years. Among those covered, 84-86% were sponsored by employers, 9-10% by the government, and 6-7% via private plans. In 2005 and 2013/14, employer-sponsored coverage remained at 87% for individuals in households with post-secondary graduation, but decreased significantly for those in households without secondary school graduation, from 67.0% (95% confidence interval [CI 63.2-70.8%, 175,000 individuals) in 2005 to 54.6% (95% CI 50.1- 59.2%, 123,500 individuals) in 2013/14. Government-sponsored coverage increased significantly for individuals in households without
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48 49	40	expressed do not represent the views of Statistics Canada or the Canadian Research Data Centre
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2 3 4	55	Abstract
5 6	56	Background: Inability to afford eyeglasses leaves refractive errors inadequately corrected,
7 8 9	57	which accounts for two-thirds of visual impairment in Canada. We determined the frequency and
9 10 11	58	source of eyeglass insurance to understand how Canadians finance optical correction.
12 13	59	Methods: Insurance data from Ontario respondents to the Canadian Community Health Survey
14 15	60	in 2003 (n=42,777), 2005 (n=41,766), and 2013/14 (n=42,553) was analyzed by socio-
16 17 18	61	demographics. Proportions and prevalence ratios (PR) of having insurance were computed and
19 20	62	compared.
21 22	63	Results: Insurance covered all or part of eyeglass costs for 62% of Ontarians in all survey years.
23 24 25	64	Among those covered, 84-86% were sponsored by employers, 9-10% by the government, and 6-
25 26 27	65	7% via private plans.
28 29	66	In 2005 and 2013/14, employer-sponsored coverage remained at 87% for individuals in
30 31	67	households with post-secondary graduation, but decreased significantly for those in households
32 33 34	68	without secondary school graduation, from 67.0% (95% confidence interval [CI] 63.2-70.8%,
35 36	69	175,000 individuals) in 2005 to 54.6% (95% CI 50.1-59.2%, 123,500 individuals) in 2013/14.
37 38	70	Government-sponsored coverage increased significantly for individuals in households without
39 40	71	secondary school graduation, from 29.2% (95% CI 26-33%, 76,400 individuals) in 2005 to
41 42 43	72	41.7% (95% CI 37-46%, 93,900 individuals) in 2013/14.
44 45	73	Ontarians in households without secondary school graduation (versus those with) were less likely
46 47	74	to report employer-sponsored coverage (adjusted PR 0.79, 95% CI 0.75-0.84), but more likely to
48 49 50	75	have government-sponsored coverage (adjusted PR 1.27, 95% CI 1.06-1.53).
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76 Interpretation: 62% of Ontarians had eyeglass insurance. The largest source of insurance was

77 employer-sponsored, primarily covering those with higher levels of education. In recent years,

78 government-sponsored insurance increased significantly amongst low-educated individuals.

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> 79 An estimated 57% of Canadians aged 20+, i.e., 16.8 million individuals in 2019,¹ have 80 some form of vision problem requiring optical correction.² This percentage increases to 80% 81 among Canadians aged 50+.² In the US, clinically-important refractive errors similarly affect 82 over half of Americans.³ An appropriate pair of eveglasses is a simple means to correct vision 83 problems caused by refractive errors. However, the affordability of eyeglasses is a significant 84 public health concern. In Canada, the cost of a pair of prescription eyeglasses may be prohibitive, 85 ranging from \$240 to \$1000 in retail stores.⁴ Uncorrected and undercorrected refractive error 86 may result in significant visual impairment, and the magnitude of this impairment is surprising.^{5–} 87 ⁷ Robinson et al. reported that 71.8% of visual impairment amongst Ontarians aged 40+ are 88 amenable to refractive correction.⁸ In 2018, Aljied et al. revealed that between 64% and 80% of visual impairment amongst Canadians aged 45+ are due to refractive errors.⁹ Similar findings 89 90 have been reported from the US and Australia.^{10–12}

91 In Canada, the cost of eyeglasses is not covered by any provincial health insurance plans. 92 The vast majority of Canadians have to pay out-of-pocket or make use of an insurance plan to 93 obtain optical correction. Based on data collected in 2003, we reported that approximately 55.0% 94 of Canadians nationwide had insurance that covered all or part of the cost for eyeglasses.¹³ 95 However, the source from which Canadians obtain their eyeglass insurance and changes in 96 coverage in recent years is unknown. In this study, we determined the frequency and source of 97 eyeglass insurance coverage in Ontario and the time trend from 2003 to 2013/14 to better 98 comprehend how individuals finance prescription eyewear. Ultimately, we hope that this study 99 may shed light on public policy solutions to eradicate avoidable visual impairment and 100 associated medical and social consequences such as falls, injuries, and accidents.^{14–17} 101 Methods

1 2							
2 3 4	102	Setting and Study Design					
5 6 7	103	The study setting was in Ontario, Canada where the cost for eyeglasses is not covered by	У				
7 8	104	the government unless one is registered with a social assistance program (e.g., the Ontario Worl	ks				
9 10 11	105	and the Ontario Disability Support Program) ^{18,19} or belongs to a specific population (e.g.,					
12 13	106	veterans, refugees, First Nations, and Inuit). ²⁰⁻²³ A population-based, cross-sectional survey in					
14 15	107	2003, 2005, and 2013/14 was used to achieve our study purposes.					
16 17 18	108	Data Source and Participants					
19 20 21 22 23 24 25	109	The Canadian Community Health Survey (CCHS) is a nationwide, cross-sectional, self-					
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	111						
25 26 27	112	92.9% in 2005, and 87.3% in 2013/14 nationwide. ^{24–26} The present study is an analysis of					
28 29	113	Ontario respondents from the CCHS in 2003 (n=42,777), 2005 (n=41,766), and 2013/14					
30 31	114	(n=42,553). This is because Ontario was the only province to participate in the optional module					
32 33 34	115	on eyeglass insurance in the three survey years. The Ontario response rate was 91.4% in 2003,					
34 35 36 37 38 39 40 41 42 43 44 45	116	92.2% in 2005, and 86.4% in 2013/14. ²⁴⁻²⁶					
	117	Outcome Measures					
	118	Our study outcome measures were the frequency and source of eyeglass insurance					
	119	coverage in proportions. This information was ascertained from the survey questions: "Now,					
	120	turning to your insurance coverage. Please include any private, government or employer-paid					
46 47	121	plans." Following this opening statement, participants were asked, "Do you have insurance that					
48 49 50	122	covers all or part of the costs of eyeglasses or contact lenses?" ^{27–29} Those who responded "Yes"					
51 52	123	in the CCHS 2005 and 2013/14 surveys were further asked: "Is it					
53 54	124	(1) a government-sponsored plan?					
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125 (2) an employer-sponsored plan? and/or

126 (3) a private plan?"^{27,28}

127 One (0.002%) respondent in 2005 and five (0.01%) in 2013/14 reported having coverage 128 from all three sources. These rare cases were included in analyses on source of insurance. No 129 question on source of insurance was asked in the CCHS 2003 survey. Between 3-5% of 130 respondents in each of the surveys did not have a valid answer to the question on eyeglass 131 insurance. These participants were excluded from the analysis.

132 Ot

Other Measures

133 Participants were asked to respond to questions revealing their age, sex, ethno-racial 134 background, immigration status, and marital status. Information on the highest level of education 135 acquired in the household was obtained through a series of questions and was categorized by 136 Statistics Canada into four groups: "Less than secondary school graduation," "Secondary school graduation, no post-secondary," "Some post-secondary education," and "Post-secondary 137 138 certificate/diploma or university degree."^{28,30} Similarly, data on the total household income was 139 collected through a series of questions by Statistics Canada which we further consolidated into 140 three approximately equal groups: under middle level (total household income <\$40,000), 141 middle level (total household income between \$40,000-79,999 in 2003 and 2005, and \$40,000-142 89,999 in 2013/14), and above middle level (total household income 80,000+ in 2003 and 2005, and \$90,000+ in 2013/14).²⁷⁻²⁹ 143

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Statistical Analysis

We determined the frequency and source of eyeglass insurance coverage in percentages.
The frequency of coverage was calculated as the proportion of respondents who self-reported
having insurance amongst all respondents. The percentage of source of insurance was computed

as the proportion of respondents who self-reported having employer-sponsored (or government-sponsored, or private plan) coverage amongst all respondents who self-reported having eyeglass insurance. Factors associated with having insurance coverage were examined with prevalence ratios (PR) derived from the log-Poisson regression model with robust variance estimation.^{31,32} The odds ratio from the logistic regression model was not used because the occurrence of the studied outcomes was quite common (>34%). Survey weights provided by Statistics Canada were used in all analyses to account for sample selection, a complex survey, and adjustments for seasonal effect, post-stratification, non-response, and calibration.^{24–26} Weighted data are more representative of the survey population and are required by Statistics Canada for reporting when producing population estimates.^{24–26} The 95% confidence intervals (CI) were constructed using bootstrap weights provided by Statistics Canada.

159 Ethics Approval

Informed consent was obtained by Statistics Canada from all study participants. The
analysis of Statistics Canada data for this study was approved by the University of Toronto
Research Ethics Board.

163 Results

164Overall, 62% of Ontarians were covered in part or in full for the costs of eyeglasses or165contact lenses in 2003, 2005, and 2013/14 (Table 1), leaving 4.2 million Ontarians aged 12+166without any source of insurance in 2013/14. Insurance coverage was higher amongst the 40-64167and 12-19 age groups and lower in those aged 65-74 and 75+ (Table 1). In 2013/14, coverage in168the 75+ group (34.9%) was nearly half of the coverage in the 40-64 group (70.7%).169The coverage increased in parallel with level of education and income (Table 1). By170marital status, insurance coverage in widows was lowest (36.1% in 2013/14) and was nearly half

> of the coverage amongst those who were married or in a common-law relationship (67.2% in 2013/14). Aboriginals had the highest coverage (71.7% in 2013/14), followed by individuals who self-identified as whites (64.4% in 2013/14). Compared to immigrants, non-immigrants had significantly higher coverage even when compared to those who had lived in Canada for over 10 years (Table 1). Amongst Ontarians with eyeglass coverage, the source of funding was via employers in 84.1-86.0%, government-subsidies in 9.0-10.3%, and private plans in 5.7-6.8% (Figure 1). In 2005 and 2013/14, employer-sponsored coverage remained at 87.0% for those in households with post-secondary school graduation (Figure 2A). Amongst individuals in households without secondary school graduation, employer-sponsored coverage decreased significantly from 67.0% (95% CI 63.2-70.8%, 175,000 individuals) in 2005 to 54.6% (95% CI 50.1-59.2%, 123,500 individuals) in 2013/14 (Figure 2A). For individuals in households with under middle level income, employer-sponsored coverage decreased significantly from 63.5% (95% CI 61.2-65.8%) in 2005 to 53.1% (95% CI 50.1-56.0%) in 2013/14 (Figure 2B). In contrast, government-sponsored coverage increased significantly amongst individuals in households without secondary school graduation, from 29.2% (95% CI 25.5-32.9%, 76,400 individuals) in 2005 to 41.7% (95% CI 37.2-46.1%, 93,900 individuals) in 2013/14 (Figure 3A). Government-sponsored coverage also increased significantly in those with household income under middle level (Figure 3B). Adjusting for the confounding effects of age, sex, household income, marital status, immigrant status, and ethno-racial background, individuals in households without secondary school graduation, versus those with, were significantly less likely to have employer-sponsored

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2 3 4	193	insurance (adjusted PR 0.79, 95% CI 0.75-0.84) but more likely to have government-sponsored		
5 6 7 8 9	194	insurance (adjusted PR 1.27, 95% CI 1.06-1.53) in 2013/14 (Table 2).		
	195	Interpretation		
9 10 11	196	We examined the frequency and source of eyeglass insurance coverage and the time trend		
12 13	197	from 2003 to 2013/14 in Ontario using representative data collected by Statistics Canada. Our		
14 15 16 17 18 19 20 21 22 23 24 25	198	results indicate that 62% of Ontarians aged 12+ had eyeglass insurance, varying little from 2003		
	199	to 2013/14. The largest source of insurance was employer-sponsored, followed by government		
	200	subsidies and private plans. Employer-sponsored insurance primarily covered individuals in		
	201	households with post-secondary school graduation. Employer-sponsored insurance decreased		
	202	significantly in 2013/14 versus 2005 for individuals in households without secondary school		
25 26 27	203	graduation. In contrast, government coverage increased significantly in recent years amongst		
28 29	204	individuals in households without secondary school graduation. In 2013/14, over four million		
30 31 32 33 34 35 36 37 38 39 40	205	Ontarians had no insurance at all making them potentially vulnerable to cost barriers associated		
	206	with the purchase of eyeglasses.		
	207	Our finding of decreased employer-sponsored coverage is in agreement with the report of		
	208	Chan et al. These authors reported that employer-sponsored health insurance including eyeglass		
	209	coverage among retirees in Ontario has declined in recent years. ³³ In the US, "vision insurance"		
41 42 43	210	has been studied using data which includes coverage for routine eye examinations, prescription		
44 45	211	lenses, and frames. ^{34,35} Using self-reported data from the US National Health Interview Survey,		
46 47	212	Varadaraj et al. reported that 15-20% of Americans aged 18+ had vision insurance obtained		
48 49 50	213	through employment, purchased directly, or via government programs like Medicaid in 2008-		
50 51 52	214	2016. ³⁵ This US coverage is much lower than the 62% coverage we report. However, differences		
53 54	215	in survey questions asked ("Having a single service plan for vision care" in the US study versus		
55 56 57				

"Do you have insurance that covers all or part of the costs of eye glasses or contact lenses?" in our study), age groups studied (18+ versus 12+, respectively), and US national versus Ontario provincial coverage makes it difficult to comment on the large variations reported. Using the Behavioral Risk Factor Surveillance System vision module data and restricting the study population to those 40-64 years old, Li et al. reported that 59.4% of Americans in eight states had vision insurance in 2008,³⁴ compared with 59.5% of working age Canadians nationwide in 2003¹³ and 68.9% in Ontario in 2005 in this study. Accordingly, coverage amongst the working age group seems to be similar in both Canada and the United States. We are not aware of prior studies reporting on the source of eyeglass insurance. Our data suggests that the current eyeglass funding model is primarily made up of employer-sponsored coverage, government subsidies, and individual expenses. Those with post-secondary school graduation seem to be more likely to find a job with employer-sponsored eyeglass benefits while those without secondary school graduation are more likely to receive government subsidies. Regrettably, over four million Ontarians are left without any insurance coverage. Globally, there were 1.41 billion people with myopia needing vision correction³⁶ and 0.82 billion people with visual impairment from correctable presbyopia.³⁷ Considering these large numbers, research endeavors on eyeglass insurance coverage is lacking.^{13,34,35}

Many large corporations find the burden of providing health insurance for their workers seriously affects their ability to compete globally.³⁸ Some smaller companies have eliminated their health insurance entirely, or require greater contributions from the insured worker.^{38,39} Currently, financial deficits in healthcare budgets exist in almost every Canadian province; expanding either employer- or government-sponsored eyeglass coverage therefore seems unlikely to occur. However, maintaining the current funding model will mean that about 40% of

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Limitations

Conclusion

Ontarians will remain uninsured. This also means that two-thirds of those with visual
impairment^{8,9} are unlikely to receive treatment and so we can expect no change in the associated
health consequences linked to visual impairment such as accidents and falls.^{14–17} We therefore
call for politicians, policymakers, governments and researchers to develop innovative solutions
to help remedy the widespread need for optical correction.

- This study has several limitations including the use of self-reported data which can be
 affected by recall and social desirability bias. Second, only Ontarians living in private houses
 were studied; results are not generalizable to those living in long-term care facilities, of no fixed
 address, or in other provinces.¹³ Lastly, the survey question asked does not have information on
 the amount of coverage or whether co-payments are required when using an insurance plan.
- We examined the frequency and source of eyeglass insurance coverage in Ontario and the time trend from 2003 to 2013/14. Results revealed that approximately 40% of Ontarians between 2003 and 2013/14 did not have insurance coverage and may be vulnerable to cost barriers associated with obtaining eyeglasses. Amongst those insured, employers were the largest source of insurance primarily covering individuals in households with post-secondary school graduation while government subsidies were primarily provided to individuals in households without secondary school graduation. In recent years, employer-sponsored coverage decreased by 12.4% while government subsidies increased by 12.5% amongst people living in households without secondary school graduation. More research is needed to eliminate refractive visual impairment and associated consequences.

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³₄ 371 Figure legends

FIGURE 1. Eyeglass insurance coverage by source of funding amongst Ontarians in the 2005
and 2013/14 Canadian Community Health Surveys. Data for 2003 was unavailable. Vertical lines
represent the 95% confidence intervals.

9 375

FIGURE 2. Percentage of Ontarians having employer-sponsored eyeglass insurance coverage by
 the highest level of education attained in the household (A) and total household income (B) in
 the 2005 and 2013/14 Canadian Community Health Surveys. Data for 2003 was unavailable.
 Vertical lines represent the 95% confidence intervals.

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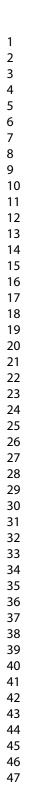
FIGURE 3. Percentage of Ontarians having government-sponsored eyeglass insurance coverage
 by the highest level of education attained in the household (A) and total household income (B) in
 the 2005 and 2013/14 Canadian Community Health Surveys. Data for 2003 was unavailable.
 Vertical lines represent the 95% confidence intervals.

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Table 1: Weighted prevalence of eyeglass insurance coverage stratified by sociodemographic						
characteristics (%, [95% confidence interval])						
Participant Characteristics	2003	2005	2013/2014			

Participant Characteristics	2003	2005	2013/2014
Age			
12-19	69.2 [67.3-71.1]	67.6 [65.7-69.6]	67.4 [65.2-69.6
20-39	62.0 [60.6-63.4]	61.7 [60.4-63.0]	60.5 [58.8-62.1
40-64	68.7 [67.6-69.9]	68.9 [67.7-70.1]	70.7 [69.2-72.1
65-74	42.8 [40.8-44.9]	40.9 [38.9-42.9]	44.5 [42.5-46.5
75+	34.2 [32.1-36.3]	36.2 [33.8-38.6]	34.9 [32.9-36.8
Total	62.3 [61.5-63.0]	62.1 [61.3-62.8]	62.0 [61.1-62.9
Sex			
Female	61.7 [60.7-62.8]	60.9 [59.8-61.9]	61.3 [60.0-62.5
Male	62.8 [61.7-63.9]	63.3 [62.3-64.3]	62.8 [61.4-64.
Highest Level of Education in Househo	bld		
<secondary graduation<="" school="" td=""><td>43.2 [41.0-45.5]</td><td>42.5 [40.1-45.0]</td><td>37.4 [34.6-40.2</td></secondary>	43.2 [41.0-45.5]	42.5 [40.1-45.0]	37.4 [34.6-40.2
Secondary school graduation	57.9 [56.0-59.8]	55.9 [53.8-57.9]	53.0 [50.5-55.4
Some post-secondary school	60.5 [57.4-63.7]	58.9 [55.3-62.5]	57.6 [52.3-62.
Post-secondary school graduation	65.7 [64.8-66.6]	65.6 [64.7-66.5]	66.1 [65.1-67
Marital Status			
Married/common-law	66.0 [65.1-66.9]	65.8 [64.8-66.8]	67.2 [66.1-68.
Widowed	36.3 [33.9-38.6]	36.3 [33.8-38.8]	36.1 [33.6-38.
Separated/divorced	56.9 [54.4-59.5]	57.0 [54.3-59.6]	54.5 [51.1-57.
Single/never married	60 2 [58 7 61 7]	59.8 [58.5-61.1]	57.9 [56.2-59.
Household Income			
Under middle level	41.6 [40.2-43.0]	38.7 [37.3-40.1]	38.2 [36.4-40.0
Middle level	65.6 [64.4-66.9]	64.2 [64.2-62.8]	60.8 [59.3-62.2
Above middle level	77.7 [76.5-78.9]	77.9 [76.8-79.0]	77.3 [76.1-78.
Ethnic Background White	64.7 [63.9-65.4]	64.4 [63.6-65.1]	64.4 [63.6-65.
Non-white	52.2 [50.0-54.4]	53.1 [50.9-55.3]	54.3 [52.0-56.
Aboriginal	72.4 [67.1-77.6]	67.6 [53.1-72.0]	71.7 [67.8-75.]
-	12.4 [01.1-11.0]	07.0[00.1-72.0]	/1./[0/.0-/5.
Immigrant Status			
Non-immigrant	67.1 [66.3-67.8]	66.3 [65.6-67.1]	66.7 [65.8-67.
Immigrant			
≤9-years	41.7 [38.1-45.2]	45.4 [41.8-49.0]	43.6 [39.1-48.
≥10-years	54.8 [53.0-56.5]	55.3 [53.4-57.3]	55.0 [52.9-57.1

	Table 2: Adjusted prevalence ratio (PR) of having employer- and [95% confidence inte]	-	l insurance in 2013/14
	Participant Characteristics		Government-Sponsored
	Age		
	12-19 vs. 40-64	1.31 [1.13-1.52]	0.67 [0.63-0.72]
	20-39 vs. 40-64	0.95 [0.91-0.99]	0.72 [0.66-0.77]
	65-74 vs. 40-64	0.59 [0.57-0.61]	0.85 [0.68-1.05]
	75+ vs. 40-64	0.47 [0.39-0.56]	1.02 [0.72-1.45]
	Sex		
	Male vs. Female	0.98 [0.93-1.03]	1.00 [0.97-1.04]
	Highest Level of Education in Household		
	<secondary graduation="" graduation<="" p="" school="" secondary="" vs.=""></secondary>	0.79 [0.75-0.84]	1.27 [1.06-1.53]
	Some post-secondary school vs. secondary school graduation	1.05 [0.95-1.16]	1.23 [0.96-1.57]
	Post-secondary school graduation vs. secondary school graduation	1.12 [1.08-1.16]	0.84 [0.67-1.05]
	Marital Status		0 00 [0 77 0 07]
	Widowed vs. Married/common-law	0.88 [0.72-1.07] 0.86 [0.76-0.97]	0.82 [0.77-0.87] 1.21 [1.10-1.32]
	Separated/divorced vs. Married/common-law Single/never married vs. Married/common-law	0.70 [0.60-0.81]	1.60 [1.30-1.96]
	Single/never marned vs. Marned/common-law	0.70[0.00-0.01]	1.00 [1.30-1.90]
	Household Income		
	Under middle level vs. above middle level	0.37 [0.35-0.40]	3.64 [3.37-3.93]
	Middle level vs. above middle level	0.82 [0.78-0.85]	1.25 [1.06-1.47]
	Ethnic Background		
	Non-white vs. White	0.95 [0.87-1.04]	0.78 [0.58-1.06]
	Aboriginal vs. White	0.91 [0.83-0.99]	3.26 [2.81-3.79]
	Immigrant Status		
226	Immigrant vs. non-immigrant	0.87 [0.86-0.89]	0.69 [0.64-0.74]
386		<u> </u>	



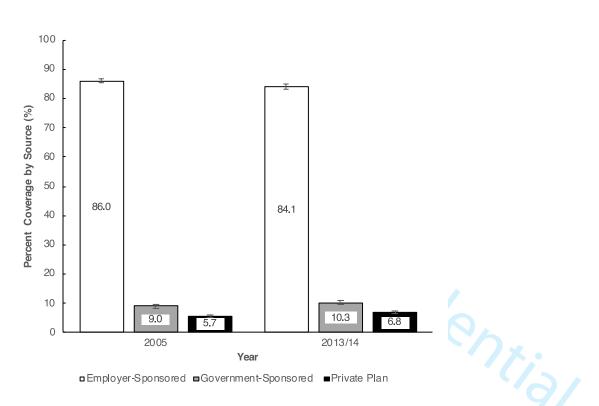


FIGURE 1. Eyeglass insurance coverage by source of funding amongst Ontarians in the 2005 and 2013/14 Canadian Community Health Surveys. Data for 2003 was unavailable. Vertical lines represent the 95% confidence intervals.

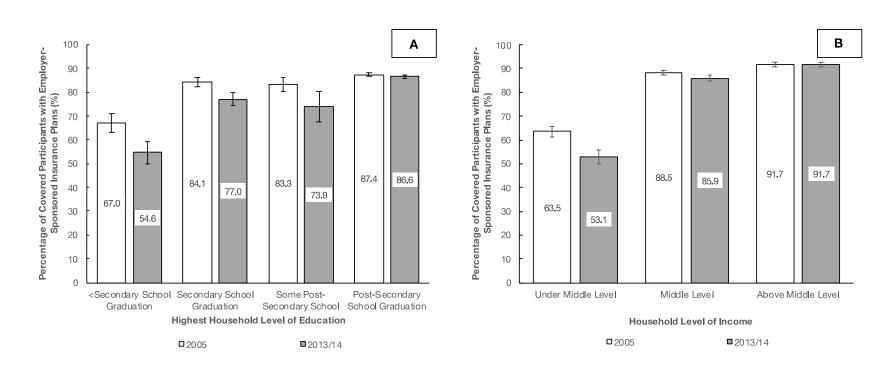


FIGURE 2. Percentage of Ontarians having employer-sponsored eyeglass insurance coverage by the highest level of education attained in the household (A) and total household income (B) in the 2005 and 2013/14 Canadian Community Health Surveys. Data for 2003 was unavailable. Vertical lines represent the 95% confidence intervals.

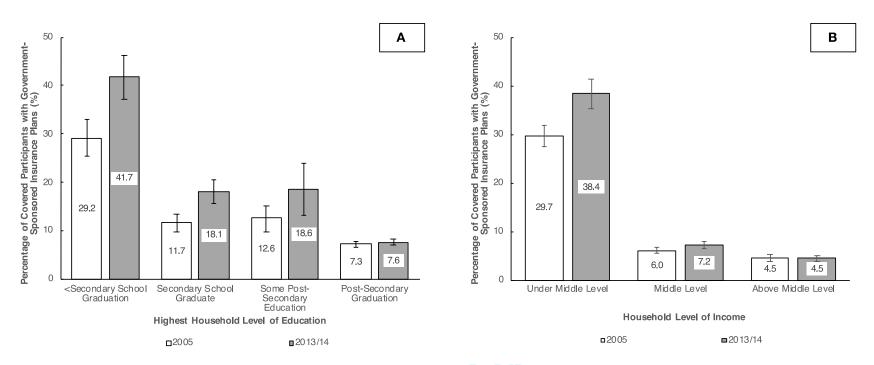
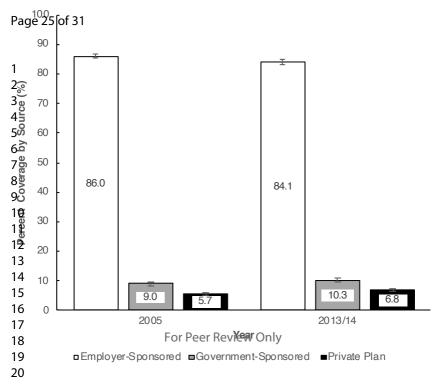
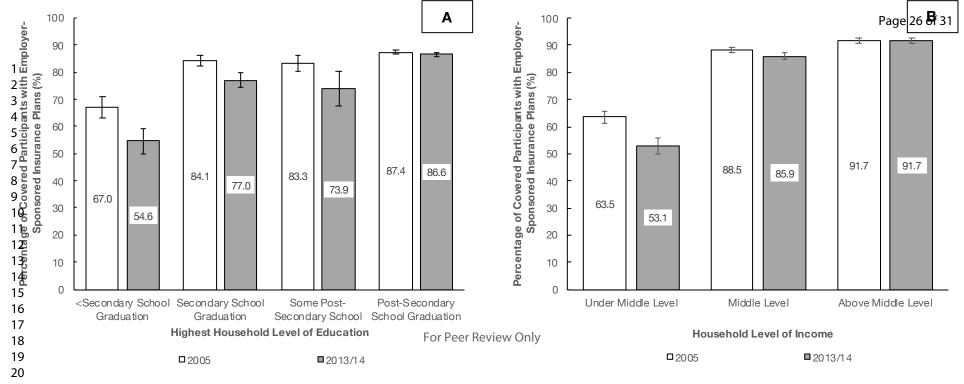
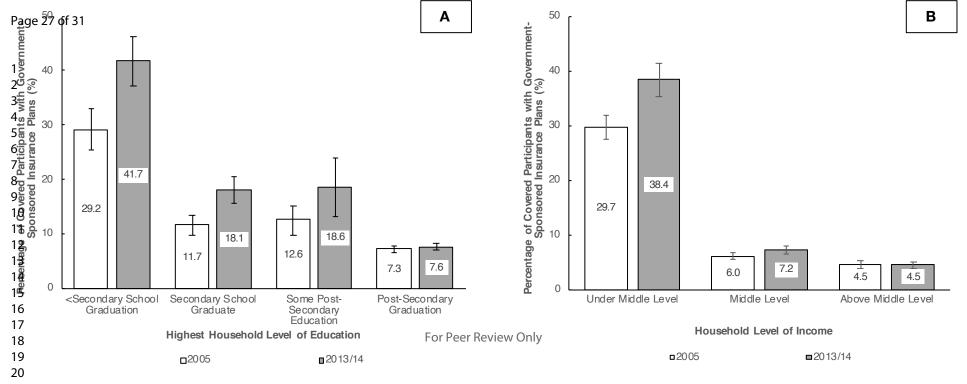


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•	%, [95% confidence interval]	17	
Participant Characteristics	2003	2005	2013/2014
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40-64	68.7 [67.6-69.9]	68.9 [67.7-70.1]	70.7 [69.2-72.1
65-74	42.8 [40.8-44.9]	40.9 [38.9-42.9]	44.5 [42.5-46.5
75+	34.2 [32.1-36.3]	36.2 [33.8-38.6]	34.9 [32.9-36.8
Total	62.3 [61.5-63.0]	62.1 [61.3-62.8]	62.0 [61.1-62.9
Sex			
Female	61.7 [60.7-62.8]	60.9 [59.8-61.9]	61.3 [60.0-62.5
Male	62.8 [61.7-63.9]	63.3 [62.3-64.3]	62.8 [61.4-64.1
Highest Level of Education in Household			
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Secondary school graduation	57.9 [56.0-59.8]	55.9 [53.8-57.9]	53.0 [50.5-55.4
Some post-secondary school	60.5 [57.4-63.7]	58.9 [55.3-62.5]	57.6 [52.3-62.9
Post-secondary school graduation	65.7 [64.8-66.6]	65.6 [64.7-66.5]	66.1 [65.1-67.1
Marital Status			
Married/common-law	66.0 [65.1-66.9]	65.8 [64.8-66.8]	67.2 [66.1-68.3
Widowed	36.3 [33.9-38.6]	36.3 [33.8-38.8]	36.1 [33.6-38.6
Separated/divorced	56.9 [54.4-59.5]	57.0 [54.3-59.6]	54.5 [51.1-57.8
Single/never married	60.2 [58.7-61.7]	59.8 [58.5-61.1]	57.9 [56.2-59.5
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interval]) Participant Characteristics	Employer-Sponsored	Government-Sponsore
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Reporting checklist for cross sectional study.

Based on the STROBE cross sectional guidelines.

Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the STROBE cross sectionalreporting guidelines, and cite them as:

von Elm E, Altman DG, Egger M, Pocock SJ, Gotzsche PC, Vandenbroucke JP. The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) Statement: guidelines for reporting observational studies.

		Reporting Item	Page Number
Title and abstract			
Title	<u>#1a</u>	Indicate the study's design with a commonly used term in the title or the abstract	1
Abstract	<u>#1b</u>	Provide in the abstract an informative and balanced summary of what was done and what was found	3-4
Introduction			
Background / rationale	<u>#2</u>	Explain the scientific background and rationale for the investigation being reported	5
Objectives	<u>#3</u>	State specific objectives, including any prespecified hypotheses	5
Methods			
Study design	<u>#4</u>	Present key elements of study design early in the paper	6
Setting	<u>#5</u>	Describe the setting, locations, and relevant dates, including periods of For Peer Review Only	6

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1			recruitment, exposure, follow-up, and data collection	
2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 42 42 42 42 5 42 5 42 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 5 36 37 38 39 40 41 42 5 36 37 38 39 40 41 42 5 36 37 38 39 40 41 42 5 36 37 38 39 40 41 42 33 34 35 36 37 38 39 40 41 42 43 5 36 37 38 39 40 41 42 43 5 36 37 38 39 40 41 42 43 30 41 42 43 30 41 42 43 5 36 37 38 39 40 41 42 43 5 36 37 38 39 40 41 42 43 5 36 37 38 39 40 41 42 43 5 36 37 38 39 40 41 42 43 5 36 40 41 42 43 5 36 45 45 45 45 45 45 45 45 45 45	Eligibility criteria	<u>#6a</u>	Give the eligibility criteria, and the sources and methods of selection of participants.	6
		<u>#7</u>	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	6-7
	Data sources / measurement	<u>#8</u>	For each variable of interest give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group. Give information separately for for exposed and unexposed groups if applicable.	7
	Bias	<u>#9</u>	Describe any efforts to address potential sources of bias	7, 12
	Study size	<u>#10</u>	Explain how the study size was arrived at	6
	Quantitative variables	<u>#11</u>	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen, and why	7
	Statistical methods	<u>#12a</u>	Describe all statistical methods, including those used to control for confounding	8
	Statistical methods	<u>#12b</u>	Describe any methods used to examine subgroups and interactions	7-8
	Statistical methods	<u>#12c</u>	Explain how missing data were addressed	7
	Statistical methods	<u>#12d</u>	If applicable, describe analytical methods taking account of sampling strategy	8
	Statistical methods	<u>#12e</u>	Describe any sensitivity analyses	N/A
44 45	Results			
46 47 48 49 50 51 52 53 54 55 56	Participants	<u>#13a</u>	Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed. Give information separately for for exposed and unexposed groups if applicable.	9
	Participants	<u>#13b</u>	Give reasons for non-participation at each stage	7
57 58	Participants	<u>#13c</u>	Consider use of a flow diagram	6-7
59 60			For Peer Review Only	

Page 32 of 31

1 2 3 4 5	Descriptive data	<u>#14a</u>	Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders. Give information separately for exposed and unexposed groups if applicable.	19-20		
6 7 8 9 10 11 12 13 14 15 16 17 18	Descriptive data	<u>#14b</u>	Indicate number of participants with missing data for each variable of interest	7		
	Outcome data	<u>#15</u>	Report numbers of outcome events or summary measures. Give information separately for exposed and unexposed groups if applicable.	8-10,19- 20		
	Main results	<u>#16a</u>	Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	9-10		
19 20	Main results	<u>#16b</u>	Report category boundaries when continuous variables were categorized	19-20		
21 22 23 24	Main results	<u>#16c</u>	If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	N/A		
25 26 27 28	Other analyses	<u>#17</u>	Report other analyses done—e.g., analyses of subgroups and interactions, and sensitivity analyses	8-10		
28 29 30	Discussion					
31 32 33 34 35 36 37 38 39 40 41 42 43	Key results	<u>#18</u>	Summarise key results with reference to study objectives	10-11		
	Limitations	<u>#19</u>	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias.	12		
	Interpretation	<u>#20</u>	Give a cautious overall interpretation considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence.	10-12		
44 45	Generalisability	<u>#21</u>	Discuss the generalisability (external validity) of the study results	10-11		
46 47 49	Other					
48 49 50	Information					
50 51 52 53 54 55 56	Funding	<u>#22</u>	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	1		
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