

Appendix 1 (as supplied by the authors): Prevalence (%) of food security status and poor or fair mental health by age and sex

			Food security status (%)	Mental health struggles (%)
18 to 39 years	females	Food secure	89.8	5.5
		moderate	9.7	15.6
		severe	5.1	27.6
	males	Food secure	88.6	4.6
		moderate	7.0	12.4
		severe	4.5	25.3
40 to 64 years	females	Food secure	89.9	5.6
		moderate	5.6	20.1
		severe	4.5	37.7
	males	Food secure	92.3	5.6
		moderate	4.1	20.9
		severe	3.6	32.5
65 years and up	females	Food secure	96.3	4.5
		moderate	2.5	14.5
		severe	1.3	21.0
	males	Food secure	97.4	4.9
		moderate	1.7	18.2
		severe	0.9	30.9