# Representation of Information Regarding Vaccination on Canadian Chiropractor's Websites: A cross-sectional study

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Abstract

**Background**: Vaccination is a contentious issue for some chiropractors.

**Methods**: In 2015/2016, we generated a database of all licensed chiropractors in Canada and

identified chiropractor's websites that provided information on vaccination. We assessed the

quality of vaccination information using the Web Resource Rating Tool (WRRT), determined

whether vaccination was portrayed in a positive, neutral, or negative manner, and conducted a

thematic analysis of vaccination-related content. We revisited all identified websites in 2019 to

explore the impact of media attention regarding anti-vaccination statements by chiropractors.

**Results**: Among 9,131 chiropractors practising in Canada in 2016, 94 unique websites met our

criteria; 17% (16) were positive, 20% (19) neutral, and 63% (59) negative towards vaccination.

The four themes we identified were: (1) there are effective alternatives to vaccination, (2)

vaccination is harmful, (3) evidence for and against vaccination, and (4) concerns with health

policy regarding vaccination. The quality of vaccination content present on these websites was

generally poor with a median WRRT score of 19% (interquartile range, 14% to 30%). When the

same websites were followed up in 2019, 47% (45 of 94) had either removed all vaccination

content or discontinued the website entirely. The majority (33 of 45; 73%) of websites/material

that were removed had portrayed vaccination negatively.

**Interpretation**: The majority of the vaccination content depicted on Canadian chiropractic

websites negatively portrays vaccination, and national media attention was associated with the

removal of almost half of all such online material.

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#### Introduction

With approximately 9,000 practitioners, chiropractic is Canada's 3<sup>rd</sup> largest regulated healthcare profession. Twelve percent of Canadians, largely adults, report attending a chiropractor in the past 12-months, predominantly for conservative management of low back and neck pain. The chiropractic profession comprises a range of providers, from evidence-based practitioners who focus on musculoskeletal complaints to traditional practitioners ('vitalists') who maintain historical beliefs that malpositioned spinal vertebrae ('subluxations') interfere with the nervous system, leading to a wide range of complaints and diseases. Historically, chiropractic has been extremely critical of vaccination, and many traditional practitioners maintain these attitudes.

A survey of students attending the Canadian Memorial Chiropractic College (CMCC), the only English-language chiropractic college in Canada, found that in the year 2000, only 40% of graduating students endorsed vaccination and 29% were against vaccination in general (31% were unsure). Re-administration of the same survey in the 2011/12 academic year at CMCC found that 83% of graduating students were in favor of vaccines in general; however, the repeat survey suffered from a high non-response rate vs. the original administration (33% vs. 75% of graduating students). A 2002 survey of all 643 licenced chiropractors in Alberta, Canada, (78% response rate) found 27% advised their patients against vaccinating themselves or their children.

The Internet is an important medium for dissemination of both positive and negative vaccination information;<sup>11</sup> however, the general public lacks the necessary skills to distinguish evidence-based resources from those that are not <sup>12</sup>. We reviewed the websites of Canadian chiropractors for content regarding vaccination and, subsequently, explored the impact of media attention on anti-vaccination statements by chiropractors.

#### Methods

We followed reporting standards set by the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) guidelines.<sup>13</sup>

Developing a database of Canadian chiropractors

We generated a database of all licensed Canadian chiropractors in June 2015 by extracting details on every member listed in the regulatory College website for each province. 14-24 For each licensed member, we performed a Google search with variations of their name, clinic name, and location to determine which chiropractors maintained an English-language website.

Identifying websites with vaccination content & appraising the quality of information

From July 2015 to March 2016 we systematically explored each unique website for vaccination content using the websites' search function with the root words vacc\* and immun\*. Pairs of reviewers evaluated all vaccination content independently using the Web Resource Rating Tool (WRRT).<sup>25</sup> This instrument assesses the quality of evidence, transparency, and usability of online health information, and assigns an overall score ranging from 0% to 100%, with higher scores representing better reporting quality, and a WRRT star rating which ranges from 0 (lowest quality) to 5 (highest quality). The same pairs of reviewers classified each website as providing positive, negative, or neutral information regarding vaccination. Any disagreements were resolved by discussion, or by an arbitrator when necessary.

We generated frequencies for all collected data. Categorical data were reported as proportions and continuous data as means and standard deviations if normally distributed and as medians and interquartile ranges (IQRs) if not. We aggregated WRRT scores for websites

providing positive and neutral information and used an independent samples Mann-Whitney U test to explore for differences between scores from websites providing negative portrayals. All comparisons were 2-tailed, and we set our level of significance at p < 0.05. We performed all analyses using IBM SPSS Statistics, version 25.0 (Armonk, NY: IBM Corp).

## Thematic analysis

We used thematic analysis to synthesize information regarding vaccination provided on chiropractor's websites into meaningful themes and labeled constructs. <sup>26,27</sup> Pairs of reviewers used an open coding process to establish the primary categories of information from relevant material from each website, independently and in duplicate, and then connected the categories to derive main themes. Any disagreements were resolved by discussion. Based on the codes (labels) generated from the analysis, pairs of reviewers generated a set of theoretical propositions (categories), independently and in duplicate, and achieved consensus. Last, four team members reviewed the results and confirmed the main themes of our study findings. We describe the results of our thematic analysis using subheadings along with selected illustrative quotes from website contents.

Impact of media attention on website vaccination content

After we had abstracted material on vaccination from chiropractor's websites, there were multiple national news stories highlighting anti-vaccination statements by some chiropractors, including some members of regulatory College's. 28-37 In April 2019, we reviewed the same chiropractor's websites that we had identified to determine any changes following media coverage.

#### Ethics consideration

As per the Tri–Council Policy Statement: Ethical Conduct for Research Involving Humans Article 2.2 (a), research is exempt from research ethics board review if it relies exclusively on publicly available information that is legally accessible to the public and appropriately protected by law.<sup>38</sup>



#### Results

We identified 9,131 registered Canadian chiropractors, of which 3,733 (41%) were associated with a publicly available website (Figure 1). Of the 3,733 websites, we found 140 websites (4%) with vaccination content, which reduced to 94 (3%) unique root domain websites (e.g., google.com was the root domain, whereas google.com/images included a directory/path file). The majority (63%, 59 of 94) of chiropractic websites providing information on vaccination were negative in their messaging; 20% (19) were neutral and 17% (16) were positive. (Table 1, Figure 1, Appendix 1) The quality of vaccination content present on chiropractors' websites was generally very poor with a median WRRT score of 19% (IQR 14% to 30%), and did not differ based on whether messaging was negative or not (p=0.48). (Table 2)

# Thematic analysis

We identified four main themes that emerged from our analysis of chiropractors' website content. (Table 3) Of the 16 positive websites, 15 provided statements that vaccination had been established as effective. Out of the 19 neutral websites, the most common statement (endorsed by 7 websites) was that the public should be provided with the current best evidence regarding vaccination in order to make informed decisions.

#### I. Alternatives to vaccination

Twenty-one websites indicated that chiropractic care was an alternative to vaccination. For example: "People who receive regular chiropractic adjustments have immune system competency that is 200% greater than those who don't."

(<a href="http://wellingtonchiropracticandwellnessgroup.com/health\_page.php?page=/dcnewsletter/jan11">http://wellingtonchiropracticandwellnessgroup.com/health\_page.php?page=/dcnewsletter/jan11</a>)

Another 14 websites suggested that naturopathic remedies could replace vaccination. As noted on one such site: "A healthy alternative to the conventional flu shot is a homeopathic natural immune boost shot. Homeopathy works by gently stimulating the body's innate ability to heal itself and there are virtually no side effects." (http://www.mypurebalance.ca/healthprograms/natural-immune-boost-for-flu/) Five websites provided material that promoted environmental improvements as responsible for falling rates of vaccine-preventable diseases, instead of vaccines; for example: "In light of these vital statistics, Palevsky finds it more reasonable to assume that the reason for the reduction in incidence and mortality rates of these diseases was predominantly due to the implementation of other public health strategies, including: clean water, better living conditions, improved sanitation and improved nutrition, than to the introduction of vaccines."

(https://dynamishealthcentre.com/articlesresources/vaccinations/points-of-doubt-regarding-S. C. vaccine-efficacy/)

# II. Dangers of vaccination

Almost all websites negatively portraying vaccination included content that attributed severe side effects to vaccines (e.g. "...vaccinations seem to, at least temporarily, increase one type of immunity while decreasing general immunity to many other forms of viruses and other ailments"; http://www.minoruchiropractic.com/article/2253.html), or concluded they caused disease; for example:

"There is a growing concern that one of the major threats to the development of healthy immune systems has been the increasing emphasis on artificial immunity through vaccines... At the same time, rates of asthma, autism, allergies, digestive disorders, autoimmune diseases, cancer, and many other chronic conditions are also rising. Many scientists, chiropractors, medical doctors and parents have become alarmed that this massive volume and combination of inoculations is jeopardizing the long-term health of individuals and future generations."

(http://paramountfamilychiropractic.com/hylnet/clientapp/healtharticles.php?id=214)

"A shocking research study published on May 4, 2011, shows a link between the number of vaccinations given to infants and an increase in infant mortality rate."

(http://www.focuschiropractic.ca/article/2177.html)

Moreover, 26 websites made claims that vaccines contained toxic components; for example: "The final ingredient in a vaccine is a stabilizer like formaldehyde, a known cancer-causing agent for which there is no safe allowable limit for your body." (http://www.alconachiropractic.ca/hylnet/clientapp/healtharticles.php?id=214) And, "Joseph Mercola, M.D., says that many authors have noted a direct correlation between the number of flu shots and the incidence of Alzheimer's, attributing to the aluminum and mercury in every flu shot." (http://nrfc.ca/187/the-flu-shot/)

# III. Evidence regarding vaccination

While many chiropractic websites commented on the evidence for vaccination, the majority of such sites claimed there was evidence of ineffectiveness; for example: "Mass vaccination was halted in Third World countries because it didn't work."

(http://chetday.com/smallpoxepidemic.htm) Some sites claimed the evidence was biased, or selectively presented to highlight potential benefits and downplay possible harms: "Just like all vaccines there are side-effects with the flu shot. The CDC and other organizations would have you overlook them for the supposed benefit of being inoculated against the flu."

(http://nrfc.ca/187/the-flu-shot/) Or, that evidence is conflicting and there is still uncertainty regarding the harms of vaccination: "Research linking autism to vaccines is conflicting.

Thimerosal, a preservative in vaccines that is 49 percent ethyl mercury, was removed from childhood immunizations in 2001. However, some flu vaccines may still contain thimerosal."

(http://www.edwinlauchiropractic.com/newsletters/OHU-2009%2001-12.pdf)

Only 15 websites acknowledged that current evidence was supportive of vaccination, and these largely highlighted the position statement by the Canadian Chiropractic Association: "The Canadian Chiropractic Association recognizes that vaccination and immunization are established public health practices in the prevention of infectious diseases."

(https://www.physiomed.ca/blog/general-tips/surviving-cold-flu-season/)

# IV. Health policy regarding vaccination

A minority of chiropractic websites provided content regarding vaccination policy, with most claiming that the dangers of contracting certain vaccine-targeted infections had been over-exaggerated, as had the effectiveness of some vaccines. The majority of such claims focussed on influenza (e.g., "...the flu vaccine may not give the benefits that were previously advertised." <a href="http://www.focuschiropractic.ca/article/1793.html">http://www.focuschiropractic.ca/article/1793.html</a>). Other subthemes were that industry was active in lobbying for healthcare policy that would benefit them financially: "A February 11, 2007 story appearing in the Washington Post and no less than 72 different news publications has

exposed the fact that a major drug company, Merck & Co. is behind the large lobbying effort to have 18 states pass laws making their vaccine required for 6th grade girls. If these laws pass, Merck, which last year showed revenues of \$22.6 billion, stands to earn hundreds of millions of dollars." (http://www.robieatspringgardenchiropractic.com/article/1592.html)

Some sites claimed that mandatory vaccination was an infringement on personal liberty and provided links to the National Vaccine Information Center (NVIC) website: "As more vaccines have been recommended and mandated by government health officials, NVIC is receiving more reports from Americans describing how they are being harassed for trying to make informed vaccine choices for themselves and their children" (http://www.nvic.org/reporting-systems.aspx) And that the public should be better educated about vaccination in order to make informed decisions: "Vaccinations are a controversial subject and it's imperative to inform yourself before deciding whether or not to vaccinate yourself or those under your care."

(https://dynamishealthcentre.com/articlesresources/vaccinations/)

Approximately three years after a number of media outlets began exploring anti-vaccination statements by some chiropractors, almost half of the websites identified in our study (47%; 45 of 94 sites) had been discontinued or all content regarding vaccination had been removed. This predominantly affected sites that had published information portraying vaccination negatively; specifically, 33 of 45 (73%) negative websites maintained by chiropractors had been discontinued or their vaccination content removed. Amongst the 49 websites that were still active, 53% (26 of 49) provided negative information regarding vaccination. (Appendix 2)

# Interpretation

Close to half of Canada's 9,131 chiropractors maintain a website, 4% of which provided information regarding vaccination, the majority of which was critical. The quality of vaccination information was generally very poor, and common themes were that there are effective alternatives to vaccination, vaccines are dangerous and can cause disease, the evidence is often biased, conflicting, or shows that vaccines are ineffective, and that vaccination should not be mandatory. Following national media attention to anti-vaccination statements by some chiropractors (including members of regulatory Colleges), approximately half of chiropractors' websites providing information on vaccination were discontinued or the information regarding vaccination was removed.

The Canadian Chiropractic Association is supportive of vaccination and has published a statement that vaccination is not within the scope of practice for chiropractors, <sup>39</sup> a position that is supported by four provincial regulatory Colleges. (Appendix 3) However, the history of regulating information on vaccination by chiropractors is complex. In 2004, following media attention on anti-vaccination statements by chiropractors, the College of Chiropractors of Ontario (CCO) approved a Standard of practice (S-015) requiring its members to refrain from discussing vaccination with their patients or the general public. Traditional chiropractors strongly disagreed with this Standard (Appendix 4) and some responded, in part, by seeking and acquiring elected positions on the CCO. <sup>36,40</sup>

The change in leadership at the CCO had two results: (1) the Standard prohibiting chiropractors from discussing vaccination with their patients was not enforced,<sup>36,41</sup> and (2) the Standard (which was incorporated into S-001) was revised on February 8, 2011, to allow chiropractors to provide "balanced" information on vaccination to the public <sup>40</sup>. Similar issues

may have affected the British Columbia College of Chiropractors.<sup>42</sup> Following recent media attention, the CCO Standard (S-001) was amended in 2018 and 2019 to prohibit chiropractors from "*Providing information on vaccination on a member's website or social media Account*".<sup>43</sup> More recently, the CCO has proposed an amendment that would disallow any academic chiropractor from assuming a leadership position within the CCO,<sup>44</sup> perhaps as a way to guard against competing views. These challenges have resulted in speculation as to whether the chiropractic profession is capable of self-regulation,<sup>45</sup> and some chiropractic opinion-leaders have called for splitting the profession into two factions: evidence-based chiropractors and traditional chiropractors<sup>4</sup>.

The Canadian media has drawn attention to anti-vaccination statements by some chiropractors, and seemingly had a large impact on curbing publication of such online material. While this is laudable, chiropractic regulatory colleges should monitor chiropractors' websites for misleading information, and enforce their standards of practice. Moreover, it may be helpful for medical and public health associations work with Canadian chiropractic associations to collaborate on promotion of vaccination programs, 46-48 as has been done by the American Public Health Association <sup>49</sup>.

Our study is limited by the dynamic nature of the Internet, where websites can appear, disappear, or be moved to other addresses overnight. Additionally, we only included websites published in English, and therefore our findings may not extend to websites published in other languages. Strengths of our study included a rigorous approach to identify all practicing chiropractors in Canada and any associated websites. Both ratings of the quality of vaccine information, and the overall messaging (i.e., positive, neutral, or negative) were conducted independently and in duplicate by pairs of reviewers to increase reliability.

## Conclusion

Although a minority of Canadian chiropractors provide vaccination content on their websites, the quality of information is often poor and the majority of sites portray vaccination in a negative manner. National media attention was associated with removal of almost half of all such online material.



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Table 1: Canadian chiropractors and websites identified

Province	No. of chiropractors (%)	No. of chiropractic websites (%)	No. of chiropractic websites with vaccination content
Ontario	5797 (64%)	2812 (69%)	106
British Columbia	803 (9%)	285 (7%)	7
Quebec	1003 (17%)	373 (9%)	3
Manitoba	319 (4%)	132 (3%)	9
Newfoundland	65 (1%)	26 (1%)	2
Nova Scotia	148 (2%)	76 (2%)	4
Prince Edward Island	7 (0.1%)	5 (0.1%)	0
Saskatchewan	184 (2%)	41 (1%)	0
Alberta	726 (8%)	302 (7%)	5
New Brunswick	79 (1%)	32 (1%)	7
Total	9131	4084	143
		4084	

Table 2: Quality of vaccination content reporting among unique

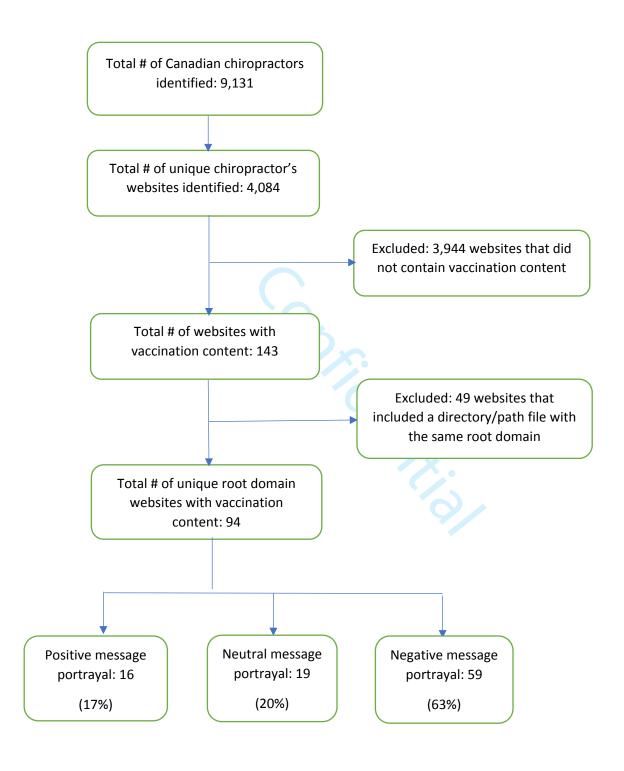
	Positive messaging (n=16)	Neutral messaging (n=19)	Negative messaging (n=59)
WRRT score (0-100%), median (IQR)	17.9% (11.6 – 18.9)	22.3% (14.3 – 39.3)	20.5 (14.3 – 32.4)
WRRT star score, n (%)			
0 (lowest quality)	14 (88%)	13 (68%)	4 (7%)
1	1 (6%)	5 (26%)	34 (58%)
2	1 (6%)	1 (5%)	11 (19%)
3	0	0	9 (15%)
4	0	0	1 (2%)
5 (highest quality)	0	0	0

WRRT: Web Resource Rating Tool

**Table 3:** Themes and sub-themes of vaccination content from chiropractor's websites

	Theme	Sub-themes	Frequency of endorsement   21   14     5			
1.	There are effective alternatives to vaccination	chiropractic can boost immunity	21			
		naturopathy can boost immunity	14			
		better living conditions, improved sanitation and improved nutrition are more effective than vaccination	5			
2.	Vaccines are dangerous	cause severe side effects	51			
		have toxic components (e.g. mercury)	26			
		compromise immunity	22			
		cause autism	14			
		increase rates of various chronic diseases	13			
		cause Guillain-Barré syndrome	9			
		cause allergies	8			
		cause sudden infant death syndrome	5			
		cause asthma	5			
		increase risk of cancer	4			
		cause diabetes	3			
		cause attention deficit hyperactivity disorder	2			
		cause Crohn's disease	2			
		cause Shingles	2			
		increase risk of Alzheimer's disease	2			
		cause ear infections	1			
3.	Evidence regarding vaccination	there is insufficient evidence to support vaccination	51			
		the evidence in favor of vaccination is poor quality and/or biased	20			
		the evidence supports vaccination as effective	15			
		the evidence for vaccination is conflicting	7			
		anecdotal evidence suggests that the harms of vaccination outweigh the benefits	2			
4.	Health policy regarding vaccination	dangers of vaccine-targeted diseases are overblown by public health agencies and the media	17			
		vaccines should not be mandatory	15			
		the Centres of Disease Control and Prevention has important conflicts of interest regarding vaccination	11			
		the public should be better educated about vaccination	7			

Figure 1: A flow diagram of Canadian chiropractors' websites with vaccination content



Appendix 1: Chiropractic websites identified with content regarding vaccination

No.	Vo. Unique primary website		WRRT total	WRRT star
		portrayal	score (0-100%)	rating (0-5)
	Ontar	10		
1	http://amlingerfamilychiropractic.com/heal th_page.php?page=/dcnewsletter/march13	negative	14.3	1
2	http://bosnarhealth.com/?page_id=69	negative	35.7	2
3	http://cdn2.perfectpatients.com/childsites/uploads/1117/files/hpv-report-2014.pdf	negative	39.3	2
4	http://circle-of-life.ca/?p=58	negative 26.8		1
5	http://divinespine.ca/blog/flu-shot-fallacies/	negative	7.1	0
6	http://docferguson.com/frequently-asked-questions/	negative	17.9	1
7	http://drbenkim.com/	negative	26.8	1
8	http://drdgroleau.com/2014/08/29/vaccinat ions-not-mandatory-for-ontario-students/comment-page-1/#comment-20	negative	23.2	1
9	http://drdianemeyer.com/	negative	62.5	3
10	http://hamiltonchiro.ca/	negative	60.7	3
11	http://hopechiropractic.ca/why-chiropractic/chiropractic-research/ear-infections/	negative	14.3	1
12	http://innerbalancechiropractic.ca/	negative	26.8	1
13	http://nrfc.ca/187/the-flu-shot/	negative	14.3	1
14	http://optimumwellnesscentres.com/april-8-2011-chronic-fatigue/	negative	19.8	1
15	http://p3health.net/?s=vaccin	negative	35.3	3
16	http://paramountfamilychiropractic.com/	negative	62.5	3
17	http://pikechiropractic.com/blog/flu-shot-hoax	negative	32.4	2
18	http://stallaertchiropractic.com/blog/13/11 8/4-Tips-to-Stay-HEALTHY-This-Flu- Season.html	negative	7.1	0
19	http://thechiropracticphilanthropist.com/19 1-dr-nancy-tarlow-the-vaccination- conversation/	negative	17.9	1
20	http://wellingtonchiropracticandwellnessgr oup.com/	negative	34.8	3
21	http://www.adiochiropractic.net/	negative	42.9	2
22	http://www.alconachiropractic.ca/	negative	14.3	1
23	http://www.alliancechiroandwellness.com/ Newsletters/AllianceIssue37.pdf	negative	23.2	2

	I			
24	http://www.axischiropractic.com/Family% 20Care/Family%20Care.html	negative	24.1	2
25	http://www.chiropracticgeneration.com/	negative	45.2	3
26	http://www.cornerstonehealth.ca/naturopat hy/h1n1-hysteria/	negative	26.8	1
27	http://www.drbarryyoung.com/	negative	10.7	1
28	http://www.drvalliant.com/	negative	42.9	3
29	http://www.haltonchiropractor.com/articles/article-flu-shot/	negative	16.1	1
30	http://www.kawarthalakeschiropracticblog.com/613/fibromyalgia-facts/	negative	14.8	1
31	http://www.livewellchiro.ca/index.php?p= 439641&s=245&articleid=216	negative	58.9	3
32	http://www.mainfamilychiro.com/articles/ Flu+Colds/	negative	7.1	0
33	http://www.mypurebalance.ca/	negative	10.7	1
34	http://www.oakvilleuptownchiropractor.ca/ natural-health-information/shot-in-the- dark/	negative	20.5	1
35	http://www.optimumwellnessclinic.ca/	negative	23.8	2
36	http://www.phoenixhealth.me/add-and-adhd/	negative	26.8	2
37	http://www.spinewise.ca/the-natural-way-to-maximize-your-childs-health/	negative	17.9	1
38	http://www.thenaturalwayclinic.com/	negative	9.8	0
39	http://www.wellnessfirst.ca/Articles/E26- %20Death%20by%20Vaccines.doc	negative	14.3	1
40	http://www.woodbridgechiropractor.ca/articles/Flu+Colds/	negative	20.5	1
41	http://yournewlifenow.blogspot.ca/	negative	16.1	1
42	http://www.nvic.org/reporting- systems.aspx	negative	12.5	1
43	http://lifechiropracticcentre.ca/chiropractic-care/measles-and-vaccination-information	neutral	14.3	1
44	http://maximizedhealth.ca/chiropractic- benefits/boost-your-immunity-naturally/	neutral	14.3	1
45	http://summitnaturalhealth.ca/	neutral	42.9	2
46	http://www.chiro-docs.com/index.php?p=415709&s=245&ar ticleid=2385	neutral	55.4	3
47	http://www.kihclinic.com/articles/the-h1n1-vaccine	neutral	16.1	1
48	http://www.lakeshorechiropractic.com/inde x.php?p=65615&s=245&articleid=2385	neutral	42.9	2

49	http://www.meridianspineandsport.ca/?s=v accin	neutral	17.9	1
50	http://www.pinewoodhealth.ca/blog/general-category/dont-want-the-flu-shot/	neutral	12.5	1
51	http://www.thetorontochiropractor.com/ind ex.php?p=407212&s=245&articleid=2385	neutral	17.9	1
52	http://globalnews.ca/news/1804162/canadi an-study-finds-flu-shot-could-increase-risk-of-getting-sick/	neutral	28.6	1
53	http://www.kcnh.ca/docs/Cold-Flu- Prevention-Treatment.pdf	neutral	42.9	2
54	http://advancedhealth.ca/conditions/infant- -child-and-adolescent-health- concerns/vaccination-and- immunization.html	positive	22.3	1
55	http://advancedhealthrecovery.ca/12-way-to-have-a-healthy-holiday-season/	positive	39.3	2
56	http://applecreeksportsmedicine.com/july-28th-is-world-hepatitis-day/	positive	30.4	2
57	http://windsormedicalclinic.com/portfolio_ posts/vaccines/	positive	48.2	2
58	http://www.abbeymed.ca/abbeys- updates.html	positive	17.9	1
59	http://www.adelaideclinic.com/Living- Well/so-youre-pregnantwhat-now-519167	positive	17.9	1
60	http://www.belmarrahealth.com/	positive	34.8	2
61	http://www.hazeldeanchiropractic.com/ho w-i-read-a-news-article/	positive	14.3	1
62	http://www.physiomed.ca/blog/general- tips/surviving-cold-flu-season/	positive	10.7	1
63	http://www.sportmedicineclinic.com/Livin g-Well/so-youre-pregnantwhat-now- 519163	positive	23.2	1
64	http://www.torontoathleticclub.com/living-well/so-youre-pregnantwhat-now-519161	positive	10.7	1
65	http://www.waterloowellingtonlhin.on.ca/e n/newsandstories/current_news/20141023f luupdate.aspx	positive	17.9	1
66	https://www.brightalmond.com/clinical-focus/infectious-disease/	positive	32.4	3
67	https://www.facebook.com/permalink.php? story_fbid=222612737804579&id=195816 277123383	neutral	10.7	1
68	http://www.chiropractic.ca/about-cca/code-of-ethics/vaccination-immunization/	positive	17.9	1

69	http://www.huffingtonpost.ca/michael-kruse/chiropractors-vaccination-debate_b_3280713.html	positive	17.9	1
70	http://www.ncbi.nlm.nih.gov/pmc/articles/ PMC3743646/	positive	8.9	1
	British Co	lumbia		
71	http://www.minoruchiropractic.com/article s/vaccination/	negative	25.4	1
72	http://www.sumasmtnchiropractic.com/ind ex.php?search=vacc&p=240601&Submit= Search	negative	26.8	1
73	http://www.edwinlauchiropractic.com/new sletters/OHU-2009%2001-12.pdf	negative	30.4	2
74	http://www.focuschiropractic.ca/articles/vaccination/	neutral	25.4	1
75	http://nswellness.ca/cold-and-flu- prevention/	neutral	10.7	1
76	http://www.metrochiro.com/articles/vaccin ation/	neutral	25.4	1
	Alber	ta		
77	https://www.naturmend.com/blog/2013/01/30/jan-30-the-flu-is-finally-retreating/	negative	17.9	1
78	www.calgaryspineandsport.com/	negative	13.3	1
79	http://corechiropracticandwellness.com/Vaccines	negative	14.3	1
80	www.gatewaychiropractic.ca/	neutral	14.3	1
	Manito	ba		
81	http://entertogetwell.ca/chiropractic-care- for-kids/	negative	17.9	1
82	http://www.krampchiropractic.com/	neutral	13.3	1
83	http://www.loewenchiropracticclinic.com/	neutral	11.5	1
	New Brun	swick		
84	http://www.chiroplusdieppe.ca/pregnancy-and-children	negative	28.6	1
85	http://rothesaychiropractic.ca/?s=vaccin	negative	10.7	1
86	http://www.frederictonchiropractors.com/c ommunity-links	negative	69.6	4
	Newfoun	dland		
87	http://dynamishealthcentre.com/	negative	24.6	2
88	http://www.drburton.com/dr-burton-blog	negative	14.3	1
	Nova Sc	otia		
89	http://atlantic.ctvnews.ca/vaccination-debate-why-some-parents-are-choosing-not-to-vaccinate-their-kids-1.1796563	negative	14.3	1
90	http://www.pillarsofhealth.ca/?s=vaccin	neutral	64.3	3

91	http://www.robieatspringgardenchiropractic.com/articles/vaccine/	neutral	19.5	1
	Quebe	ec		
92	http://chiropratiquesante.com/revue-trimestriell/	positive	19.2	1
93	http://www.triade.ca/index.pl/liens	positive	17.9	1
94	http://www.sourcedevitalite.com/conferenc e-sur-la-vaccination	positive	16.1	1

WRRT: Web Resource Rating Tool



Appendix 2: Change in chiropractor's websites with vaccination content from 2016 to 2019

Province	Active in 2019			Inactive or vaccination contented removed in 2019		
	positive	neutral	negative	positive	neutral	negative
Ontario	12	8	21	4	4	21
British					2	4
Columbia						
Alberta			1		1	2
Manitoba					1	2
New		2	1			
Brunswick						
Newfoundland			1			1
Nova Scotia			2			1
Quebec		1				2
Total	12	11	26	4	8	33

positive, neutral, and negative = websites that provided positive, neutral or negative information regarding vaccination

# Appendix 3: Position statements of Canadian chiropractic associations regarding vaccination (accessed 15 June 2015)

# **Canadian Chiropractic Association:**

"The Canadian Chiropractic Association recognizes that vaccination and immunization are established public health practices in the prevention of infectious diseases. Vaccination is not within the scope of chiropractic practice. The appropriate sources for patient consultation and education regarding vaccination and immunization are public health authorities and health professionals with a scope of practice that includes vaccination."

https://www.chiropractic.ca/about-cca/code-of-ethics/vaccination-immunization/

#### Manitoba:

"The Manitoba Chiropractors Association (MCA) is a proponent of preventative healthcare and recognizes that vaccination and immunization are established public health practices in the protection of individuals from infectious diseases. Vaccination is not within the scope of chiropractic practice. The MCA directs its members to not provide advice on the topic of vaccination and immunization. Patients are encouraged to be an active participant in their healthcare by making informed decisions. Appropriate sources for patient consultation regarding vaccination and immunization are public health professionals for whom vaccination and immunization is within their scope of practice. The MCA regulates the chiropractic profession in Manitoba under The Chiropractic Act. The MCA is dedicated to regulating the chiropractic profession in a manner that supports quality care and upholds public trust; as well as furthering awareness and understanding of the benefits of chiropractic care."

 $\underline{http://manitobachiropractors.ca/wp\text{-}content/uploads/2017/10/Vaccination-and\text{-}Immunization-Position-Statement-.pdf}$ 

#### **British Columbia:**

"The British Columbia Chiropractic Association recognizes that vaccination and immunization are established public health practices in the prevention of infectious diseases. Vaccination is not within the scope of chiropractic practice. The appropriate sources for patient consultation and education regarding vaccination and immunization are public health authorities and health professionals with a scope of practice that includes vaccination."

https://www.bcchiro.com/about-us/position-statements/

#### Alberta:

"While the Alberta College and Association of Chiropractors (ACAC) is a strong proponent of preventive health care and the protection of individuals from infectious disease, vaccination and immunization are not within the scope of practice for chiropractic.

The ACAC directs members to refrain from providing advice about vaccination or immunization, and encourages patients to make informed decisions in consultation with public health professionals.

The ACAC regulates the chiropractic profession in Alberta under the Health Professions Act. The ACAC is dedicated to regulating the chiropractic profession in a manner that supports quality care and upholds public trust; as well as furthering awareness and understanding of the benefits of chiropractic care."

https://albertachiro.com/ACAC/ChiropracticinAlberta/Regulation\_and\_governance/Position\_statements/ACAC/Chiropractic\_in\_Alberta/Regulation%20and%20governance/Position\_Statements\_aspx?hkey=5ae485f3-3101-4f2d-b245-e3b066f6cd01

#### **Ontario:**

"As a provincial association, OCA is a charter member of the Canadian Chiropractic Association (CCA). We support the CCA's Position Statement on Immunization/Vaccination which can be read below, or on the CCA's site"

https://www.chiropractic.on.ca/immunization-and-vaccination/

**Appendix 4:** Notes from the Chiropractic Awareness Council regarding the Standard of Practice on communicating information on vaccination



CAC:FYI - Notes from last CCO Meeting

From the Desk of Dr. Diane Meyer February 10th, 2004 CCO Observer, Chiropractic Awareness Council

Dear Colleagues,

A little piece of Chiropractic and the honour and privilege that goes with it died today.

I attended my first CCO meeting on Tues Feb. 10th and was witness to the amazing process of how quickly a small group of people can change the face of our profession to an unprecedented degree.

#### Here is a synopsis of what happened:

Ms. Regina Willmann (public appointed member) is the chair of the Quality Assurance (QA) committee which also consists of Dr. Drew Potter (elected member), Dr. Jeffrey Lustig (non council member), Dr. Allan Gotlib (President, elected member), and Mr. Richard Frame (public appointed member). The QA reviewed the incoming member and public comments and responses concerning the proposed vaccination standard. Ms. Willman reported on the recommendations of the QA committee and stated that it had three versions of the proposed new standard for the CCO's review (see attached). Ms Willman stated that the QA committee underwent a great deal of discussion (4.5 hours) and had a unanimous decision with the new proposals.

Next was a viewing of the CBC's Marketplace interview which was aired recently. Although the reason for this viewing was not stated, it was clear to all in attendance that this was presented as an example of what the committee was trying to avoid. Words such as "evangelistic, minority, damaging, radical, and radical minority" were stated by some of the public members (Ms. Willmann and Ms. Helen Foster). The one thing that the Marketplace piece did reveal was the rift in the profession on what the stand of Chiropractic was on the issue of vaccination.

Ms. Willman promptly asked for a vote on which of the three proposals should be implemented. At this time Dr. Gotlib asked if we could put the issue to a vote, whereafter, council members asked to view the material first. Following review of the three proposals a

discussion followed. One thing (which is really ironic if you look at it) which was agreed by the council members was that the section describing the CCO's policy on the effectiveness of vaccination should be removed. This is the same position statement that the CCA uses. The end result was an automatic elimination of proposal 2 and 3. Strangely the QA committee agreed with this.

The meeting was often heated and there were feelings of frustration on both sides of the issue. The view of Ms. Willman and a few other CCO members was that this was an issue of SCOPE of PRACTICE and that because we do not have the right to administer vaccines we should not have the right to discuss anything about them. Ms. Willman also expressed her view that she did not want this issue to drag on due to "the climate towards Chiropractic out there". I interpret this to mean that there is a strong political force acting against Chiropractic and this issue may add fuel to the fire. Dr. Gotlib also reviewed the RHPA and discussed the "risk of harm clause" which will hold a DC liable if any harm was incurred to a patient after following advise from the DC. Several members expressed their concern of the infringement on their freedom of speech and their ethical obligation to patients to share any information they (the Dr.) felt was necessary. Those which expressed their concerns were Dr's Marshall Deltoff (elected member), Gilles LaMarche (elected member), David Leprich (elected member), and Lynda Montgomery (elected member). Very vocal opinions supporting the new standards came from Dr's Potter and Gotlib as well as Ms Willman and Ms Foster.

There was discussion that the standard was not complete and that addendums still needed to be put together and brought to the board for discussion. This will happen at the next scheduled board meeting on Friday April 16, 2004.

During this discussion Dr Gotlib expressed concern that if there was opposition to this standard that those in opposition could stand against legal proceedings due to" fiduciary responsibility" ( the meaning of which was not defined, but the warning came out loud and clear). Webster's Dictionary defines "fiduciary" as "to be held in trust". One public member asked if there was not some way that the right to give patients information could be preserved. To this she was informed that the way our standard was at this time was " not working". An example of the standard not working was the Marketplace interview which suggested that the information Dr. Collins gave to her patients was not balanced but skewed on the side of not vaccinating. At this point Dr. Bruce Walton (non-elected CRC Chair) said that although this was the slant that Marketplace was trying to get across, he was able to discern from information which was displayed on the computer screen in the background of the CBC segment which was aired that indicated Dr. Collins did offer much more balance information than the interview led us to believe. Meaning, what we heard the media say and what was said were not always the same thing. The interview was edited to be negative towards Chiropractors.

During the discussion there was a great deal of debate over the words vaccination and immunization. Dr. Lamarche asked the members to change the wording of the standard so that immunization was replaced by vaccination. Dr. Gotlib responded by saying that they are the same thing because that is how medicine and the public perceive it. At this point Dr. Deltoff read aloud the medical dictionary definitions and explained how they were indeed very different. Dr. Gotlib again explained that the essence of the two words meant the same thing and Ms. Willman responded by saying that the public viewed the two words as the same thing. To this Dr. Deltoff responded that this standard was not written for the public but for the learned profession which should be using correct terminology. At this time the members were asked if they would view the two words as the same and a majority

of them replied "yes".

Dr. Walton proposed that the wording of vaccination be used instead if immunization and asked if Drs LaMarche and Deltoff would accept the proposal. At this point Ms. Willman asked if Dr's LaMarche and Deltoff would be happy with the standard if they simply changed the word immunization to vaccination. Their response was "it is a start". The issue was then dropped and never returned to.

Further discussion ensued and Dr. Gotlib referred to the OCA, CMCC, and the CCA views on vaccination. These were implied to supposedly be representative of the opinions of the entire profession.

Dr. Deltoff was able to read the ACA stand, and also a position statement by the Association of American Physicians and Surgeons:

"Public policy regarding vaccine is fundamentally flawed. It is permeated by conflicts of interest. It is based on poor scientific methodology (including studies that are too small, too short, and too limited in populations represented), which is, moreover, insulated from independent criticism. The evidence is far too poor to warrant overriding the independent judgments of patients, parents, and attending physicians, even if this were ethically or legally acceptable. Indeed, evidence is accumulating that serious adverse reactions are being ignored."

This was done with some opposition by certain council members but the public members were anxious to hear them. There were several instances when Dr. Deltoff and Dr. LaMarche had to fight to be heard. Ms. Willson reviewed the contents of several legal documents including the RHPA (Regulated Health Professions Act) which discussed the scope of practice issue.

Dr. Gotlib referred to a conversation with Dr. Paul Carey, head of the CCPA who stated that no Chiropractor would be protected by the CCPA if there were any lawsuit arising out of a vaccination issue.

There was further discussion. Dr. Gotlib said that there was much on the agenda to discuss and put the issue to a vote. At this time Ms. Jo-ann Willson (CCO Registrar and General Counsel) adamantly indicated that "there was no way we were ready to make a decision" and suggested that a lunch break take place immediately. Dr. Gotlib suggested that a vote take place anyway to which Ms. Willson responded again that the members could in no way be ready to make this decision.

#### Lunch followed.

During lunch I was informed by a board member that there were approx. 300 member and public responses and that the breakdown was approximately 50/50. The feedback ranged from very positive to very negative, professional to unprofessional, supportive to vehemently opposed.

To my surprise as we reentered the board room after lunch we had not even sat down yet when Dr. Gotlib again said that the issue was up for a vote. And there you have it... a vote 9:4 in support of the proposed standard of practice denying CCO registered chiropractors from discussing vaccination with their patients. All public members and Dr. Leprich, Dr. Potter and Dr. Brian Schut (elected member) voted for, with opposing views by Dr's Deltoff, LaMarche, Montgomery and Jacques Laquerre (elected member).

Dr. Lamarche asked that his vote be "Noted" for the record as being against this standard. Dr Gotlib then asked to have the members consent to having their name on record so that those in opposition were on record if there were any fiduciary proceedings against them.

That was it guys.... short, fast and definitely not sweet!

The minutes of this meeting will be passed to all members and fully endorsed by the CCO at the next meeting. There may be an opportunity here.

In my opinion there was a deliberate plan in the way that the vote was quickly pushed through after lunch. It happened way too fast. A future meeting will discuss the addendums. Those who support the right to educate patients must be in full force for the next CCO meeting. There is no way to know how that meeting would have gone if there were 40 passionate and professional DC's there.

Our great profession is slipping away right through our fingers. It obvious to me that the medical/pharmaceutical industry has quite a lot of influence on our leaders. While our Boards sit with glazed eyes doing what is "good for the public" our ability to serve the public Chiropractical is being diminished and embraced by the very medical world which has fought so hard against us. Folks, if this keeps up it is clear to me that we will not survive. We will bit by bit be diminished to symptomatic low back technicians... nothing more... nothing less.

I cried that day. Mostly for my patients, both now and in the future. But I also cried in shame of the destruction of the legacy that our Chiropractic forefathers left for us to guard in the Sacred Trust.

This is not a vaccination issue...it is one of principle, ethics and freedom.

Let's hope that we have enough Chiropractors around who are willing to fight for their patients right to undiluted and unadulterated Chiropractic care.

Yours in Chiropractic,

Dr. Diane Meyer

witnessed and acknowledged by Lorri Fleming, CHA



To CAC Members Menu

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