Manuscript title: Organ donation by trauma and non-trauma patients in a Canadian province: a retrospective analysis

Author names and affiliations: Sara Lanteigne, MD (Candidate 2020);¹ Mete Erdogan, PhD,

MHI;² Alexandra Hetherington, MD (Candidate 2020);¹ Adam Cameron, MD (Candidate 2020);¹

Stephen D. Beed, MD;³ Robert S. Green, MD.^{2,3}

¹Dalhousie University Medical School, Halifax, NS, Canada, B3H 4R2.

²Trauma Nova Scotia, NS Department of Health and Wellness, Rm 1-026B Centennial Building,

1276 South Park Street, Halifax, NS, Canada, B3H 2Y9.

³Department of Critical Care, Dalhousie University, Halifax, NS, Canada, B3H 4R2.

Corresponding author: Robert S. Green, Room 377, Bethune Building, 1276 South Park St., Halifax, NS, Canada, B3H 2Y9. Phone: (902) 221-0415. Fax: (902) 473-5835. Email: greenrs@dal.ca

Funding: This study was funded by the Trustees of the Ross Stewart Smith Studentship fund through the Dalhousie University Faculty of Medicine's Research in Medicine (RIM) program, and by a Clinician Scientist Award from the Faculty of Medicine, Dalhousie University, Halifax, Nova Scotia.

Conflicts of interest: None

Word count: Abstract 250 words; Manuscript 2490 words

Abstract

Background: Trauma victims represent a large pool of potential organ donors (PODs). Our objective was to describe organ donation (OD) by trauma and non-trauma patients in Nova Scotia. **Methods:** Retrospective cohort study of all major trauma patients in the Nova Scotia Trauma Registry who were injured between April 1, 2009 to March 31, 2016 and died in-hospital, as well as all PODs captured in the Nova Scotia Legacy of Life Donor Registry over the same period. We compared characteristics of trauma patients who were or were not PODs. In addition, we described OD by trauma and non-trauma PODs, calculated conversion rates, and evaluated reasons for non-donation.

Results: Overall, 940 patients were included in the analysis, of which 689 were trauma patients. Trauma victims accounted for 37% (48/129) of donors. Of all trauma-related deaths in provincial hospitals, 40% (274/689) were identified as PODs and 7% (48/689) successfully donated organs. Only 39% (108/274) of these patients were referred to the Legacy of Life Program for OD. Conversion rates were 84% (48/57) in trauma patients and 84% (81/97) in non-trauma patients. Donation after circulatory death occurred in 17% of trauma cases and 16% of non-trauma cases. Family refusal (28/60; 47%) and medical unsuitability (18/60; 30%) were the most common reasons for non-donation in trauma patients.

Interpretation: The conversion rate was 84% in both trauma and non-trauma patients; however, we identified a large number of trauma PODs that were not referred for OD. Further work is required to improve OD within the trauma population.

Introduction

 Organ transplantation is the only therapeutic option for patients with terminal organ failure; however, the supply of solid organs remains inadequate to meet demands.¹⁻³ The organ donation (OD) and transplantation system in Canada is underperforming.² Although 2559 organ transplants were performed in 2015, 4631 patients remained on the waitlist by year's end and 262 died waiting for a transplant.² Trauma victims represent a large pool of potential organ donors (PODs), and many have suggested opportunities to improve OD rates in these patients.⁴⁻⁹ Given the discrepancy between demand and performance, it is critical to evaluate trauma patients as potential donors.^{3,4,10}

Previous investigations describe a trend towards fewer Canadian donors dying from head trauma and an increasing median age of deceased donors, attributable in part to positive developments in the prevention and care of brain injuries.¹¹⁻¹³ Despite an increase in OD over the last decade, Canada's donation and transplantation rates per million people remain well below other countries such as Spain, Croatia, and the United States.² Physicians have important roles in the OD process, from leading the management of trauma patients to the recognition and referral of PODs to local organ procurement organizations (OPOs). To better understand the epidemiology of OD by trauma patients, we linked patient records from a provincial trauma registry and a provincial OPO. The objectives of our study were: 1) to compare characteristics of deceased trauma PODs and non-PODs; 2) to compare OD by trauma and non-trauma patients; and 3) to characterize missed referrals and reasons for non-donation.

Methods

Study design and population

Retrospective cohort study using data from the Nova Scotia Trauma Registry (NSTR) and the Nova Scotia Legacy of Life Donor Registry (LLDR). Participants from the NSTR included all major trauma patients in Nova Scotia (as well as referred patients from Newfoundland, New Brunswick, and Prince Edward Island) injured April 1, 2009 - March 31, 2016 and who died in any Nova Scotia hospital. We also included all patients (trauma and non-trauma) in the LLDR over the same 7-year period. Data from the NSTR and LLDR were linked to identify trauma patients with a record in both registries. This study was performed in accordance with the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) guidelines for reporting observational studies.¹⁴ Study approval was obtained from the Nova Scotia Health Authority Research Ethics Board.

Data sources

The NSTR is a provincial population-based trauma registry under the Nova Scotia Department of Health & Wellness with data on all patients having an Injury Severity Score (ISS) \geq 12 and an appropriate International Classification of Disease External Cause of Injury Code (ICD-10-CA).¹⁵ In addition, the NSTR includes penetrating traumas with an ISS > 9, all trauma team activations (TTAs) regardless of ISS, and traumas resulting in death pre-hospital or in the emergency department (ED). The NSTR has quality control procedures in place to ensure accurate and complete data entry.

The Legacy of Life Program was created in 2006 to raise awareness about the importance of organ and tissue donation and to encourage the public to donate.¹⁶ The program maintains the LLDR which contains data on PODs from across the province who were transferred to the Queen Elizabeth II Health Science Centre (QEII HSC) in Halifax, as well as information on PODs who

were not referred to the Legacy of Life Program as determined through retrospective death audits of charts. The QEII HSC is the only site in the Maritimes performing OD (after neurologic or cardiocirculatory determination of death) and solid organ transplantation.

Study definitions

Criteria used to identify PODs in the NSTR were based on recommendations from the Deceased Donor Data Working Group;¹⁷ a POD was defined as a trauma patient who died in any Nova Scotia hospital, had an appropriate ICD-10-CA injury code (see Appendix A), and received mechanical ventilation during their hospital stay. The LLDR definition of a POD was a patient meeting the following criteria after transfer and assessment at the QEII HSC (note: there were minor changes to this criteria from 2009-2013 to 2014-2016): 1) Glasgow Coma Scale (GCS) \leq 5T (2009-2013) <u>or</u> grave prognosis or GCS \leq 5T (2014-2016); 2) irreversible brain injury (2009-2013) <u>or</u> injured brain or non-recoverable injury or illness (2014-2016); 3) patient intubated and ventilator-dependent; and 4) end of life discussion held with family and decision made to withdraw life sustaining therapy. A missed referral was a potential donor who met all four criteria but was not referred to the Legacy of Life Program.

An eligible donor in the LLDR was defined as a POD referred to the Legacy of Life Program, deemed medically suitable, and whose family was willing to proceed with donation. There were two types of eligible donors: 1) donation after neurological determination of death (NDD); and 2) donation after circulatory death (DCD). The conversion rate (i.e., actual donors divided by eligible donors) and the consent rate (i.e., PODs with family consent obtained divided by PODs approached for consent) were determined based on data from the LLDR. If an eligible

 POD later became medically unsuitable for donation, they were excluded from the conversion rate.

Data collection

Data collected from the NSTR included age, gender, , injury date, injury location (within Halifax Regional Municipality [HRM] vs outside HRM), injury type (blunt, penetrating, burn, drowning/asphyxia), injury cause, ICD-10-CA injury code, transport mode to final institution (land, air [included both helicopter and fixed-wing aircraft], combination land/air, private vehicle, walk-in), intermediate facilities, trauma team activation (TTA), scene GCS, ISS, Abbreviated Injury Score (AIS), intensive care unit (ICU) length of stay (LOS), in-hospital LOS, mechanical ventilation requirement, comorbidities, residential postal code, and institution where death occurred.

From the LLDR, we collected data on organ donors (potential, eligible, actual), organs procured (number, type), missed referrals, and reasons for non-donation. We also collected whether the patient indicated their intent to donate by signing their provincial Medical Services Insurance (MSI) Health Card, and if they intended to donate all organs (Donor 1) or specific organs (Donor 2). Any variables with missing values were noted in the results.

Data analysis

The sample size for this study was dependent on the number of in-hospital deaths in the NSTR and the number of patients in the LLDR during the study period. We characterized patients using descriptive statistics including means, standard deviations (SD), and proportions. Data on injury cause, ICD-10-CA injury codes, diagnoses of potential donors, and patient comorbidities

were grouped into appropriate categories. We compared characteristics of trauma patients who did or did not meet the NSTR definition of a POD, as well as demographics of trauma donors and non-trauma donors using Student's t-tests, chi square analysis, and Fisher's exact test as appropriate. In keeping with the privacy policy of the Nova Scotia Department of Health and Wellness, any counts less than 5 are suppressed and reported as "n < 5". All analysis was performed using SPSS Version 24 (Armonk, NY: IBM Corp).¹⁸

Results

A total of 7140 patients were eligible, the majority of whom were trauma patients (Figure 1). After excluding patients who survived to hospital discharge, 940 patients remained for analysis. This included 581 trauma records from the NSTR, 251 non-trauma records from the LLDR, and 108 trauma patients with a record in both the NSTR and LLDR.

Of all trauma-related in-hospital deaths, 40% (274/689) met the NSTR definition of a POD. Table 1 compares characteristics of trauma patients who were PODs or non-PODs. Potential donors were younger and more likely to be male. The groups differed in injury types, causes of injury, ICD-10-CA injury codes, and number of intermediate facilities. The POD group tended to be more severly injured as demonstrated by higher mean ISS scores, higher mean AIS Head scores, and lower mean scene GCS scores compared to the non-POD group. A greater proportion of patients in the POD group required resuscitation by the Trauma Nova Scotia trauma team, were transported to the final institution by air, and required ICU admission.

Organ donation by trauma and non-trauma patients is compared in Table 2. Overall, there were 359 PODs in the LLDR (108 trauma, 251 non-trauma). The conversion rate during the study period was 84% (48/57) for trauma patients and 84% (81/97) for non-trauma patients. Consent

rates were 69% (57/83) and 66% (97/148) in trauma and non-trauma patients, respectively. Trauma donors were younger than non-trauma donors and more likely to be male. Most donors were NDD (trauma 83%; non-trauma 84%). Nearly half of donors had signed their MSI card, with most indicating their intent to donate all organs (Donor 1). Overall, trauma patients donated 203 organs (4.23 organs/donor) and non-trauma patients donated 335 organs (4.14 organs/donor). Organ types procured most frequently were kidney and liver from trauma patients, and kidney and lung from non-trauma patients. The number of organs per donor was higher in NDD (4.55 organs/donor) compared to DCD (2.47 organs/donor). Figure 2 shows conversion rates and the number of PODs during each fiscal year for trauma and non-trauma patients in the LLDR. Nontrauma PODs outnumbered trauma PODs each year, yet no clear trend in conversion rates was observable.

Among trauma patients referred to the Legacy of Life Program, the most common reasons for non-donation were refusal of consent by the family and medical unsuitability (Table 3). Families of trauma PODs refused consent more often than those of non-trauma PODs. In nontrauma patients, medical unsuitability and family refusal of consent were the most common reasons for non-donation. Of those deemed medically unsuitable, 21 patients (7 trauma, 14 nontrauma) were DCD eligible but did not die within 2 hours following withdrawal of life support. Among the 359 trauma and non-trauma PODs, 37% (133/359) indicated their intent to donate by signing their MSI card. Of these 133 willing patients, 61 (22 trauma; 39 non-trauma) became actual donors. The remaining 72 willing patients did not donate due to medical unsuitability (n = 40; 56%), missed referral (n = 21; 29%), or family refusal of consent (n = 14; 20%) (in 3 cases, patient was medically unsuitable and family refused consent).

Discussion

In this retrospective evaluation of OD in Nova Scotia, trauma victims accounted for over one third of organ donors in the province. Of all trauma-related deaths in provincial hospitals, 40% were identified as PODs and 7% successfully donated organs (most as NDD donors). Trauma victims who were PODs tended to be more severely injured compared to those who were non-PODs. Despite having an 84% conversion rate in both trauma and non-trauma patients, the majority of PODs did not successfully donate organs. Our findings demonstrate that trauma patients represent a significant pool of PODs and that increased efforts should be considered to improve the number of donors from this population.

Family refusal of consent was the most common reason for failure to procure organs following traumatic injury, which is consistent with reports from the United States,^{5,19} Mexico,²⁰ and the Netherlands.⁶ Among non-trauma PODs, medical unsuitability was the main reason for non-donation, followed by refusal of consent by the family. We found 37% of all PODs in the LLDR had signed their MSI card indicating their intent to donate, yet the majority of these willing patients did not become donors. While most did not donate due to medical unsuitability or missed referral, 20% of these patients ultimately failed to donate because their families overrode their desire and refused to provide consent. In 2010, the Government of Nova Scotia passed the Human Organ and Tissue Donation Act declaring that any capable individual may, in a writing signed by the individual, consent to donate specific organs or tissues from their living body, and that such consent was binding; however, this act has vet to be proclaimed.²¹ Only one third of residents in most Canadian provinces have registered their intention to donate.² While intent-to-donate registries may provide a formal report of the patient's wishes, family members have the ability to override the potential donor's wishes.² In Nova Scotia, 54% of residents have registered their

 intent to donate which is the highest rate in the country. There is evidence that families are more likely to consent if they have more contact with OPOs and discussions surrounding OD.²²

Physicians play important roles in the recognition and referral of PODs to their OPO. Increased education on the local OD criteria and processes at their institution will help physicians identify potential donors. Furthermore, physicians must minimize instability in PODs to maintain organ viability for donation. While our study found trauma PODs were more severely injured than non-PODs, it is challenging to identify these patients until they are stabilized. Accordingly, immediate resuscitation is paramount in all trauma patients. Overall, we believe improved strategies are required to enhance recognition of trauma PODs, increase donations made by DCD, and improve consent rates following end-of-life conversations with the family. As well, thanks to early work led by the emergency medicine community utilizing expanded CPR (eCPR), aggressive resuscitation of patients in cardiac arrest has increased survival of out-of-hospital cardiac arrest patients.^{7,23} Some of these patients initially resuscitiated using eCPR do ultimately succumb to anoxic brain injury and thus should be assessed for donation potential.

This study has several limitations. Data were collected from a provincial population-based trauma registry and a provincial OPO; thus, our findings are susceptible to known limitations of retrospective data collection. Another limitation is the criteria used to identify PODs in the NSTR. While the CBS Deceased Donor Data Working Group recommended ventilation within 24 hours of death as a criterion,²¹ the NSTR only captures whether a patient required ventilation at any time during hospital stay. Therefore, we may have overestimated the number of trauma PODs in the NSTR. Since criteria for referral to the Legacy of Life Program are different from the criteria for eligibility, it is unclear whether missed referrals were PODs. Finally, our results may not be

generalizable to other regions or institutions that differ in their definition of a trauma patient or their criteria and processes for OD.

In summary, we found 40% of trauma patients who died in Nova Scotia hospitals were PODs. Among trauma patients referred to the provincial OPO, 44% successfully donated their organs. Family refusal, medical unsuitability, and missed referrals were the most common reasons for non-donation by PODs. Further work is required to improve OD by trauma victims in Canada.

Acknowledgements

The authors thank the Legacy of Life Program for support with study design and data collection from the LLDR (Janet Gallant, Cynthia Isenor, Tami Murphy, Jane Franklin, Mark Bonin, Lisa Gillis, Catherine MacPhee). We also acknowledge Beth Sealy (NSTR Coordinator) and Jude Abbey (MOTP Coordinator) for assisting with data collection. We thank the Trustees of the Ross Stewart Smith Studentship fund for providing funding through Dalhousie University's Research in Medicine (RIM) program. Data used in this research was made available by Trauma Nova Scotia at the Nova Scotia Department of Health and Wellness. Any opinions expressed by the authors do not necessarily reflect the opinion of the Nova Scotia Department of Health and Wellness or Trauma Nova Scotia.

References

Grinyó JM. Why is organ transplantation clinically important? Cold Spring Harb Perspect Med.
 2013 Jun 1;3(6). pii: a014985.

2. Canadian Blood Services. Organ donation and transplantation in Canada: system progress report 2006-2015. 2016. Available at: https://blood.ca/sites/default/files/ODT_Report.pdf

3. Canadian Institute for Health Information. Deceased organ donor potential in Canada.

December 2014. Available at:

https://www.cihi.ca/web/resource/en/organdonorpotential_2014_en.pdf

4. Medscape. Organ procurement considerations in trauma. January 2016. Available at http://emedicine.medscape.com/article/434643-overview

5. Kemp CD, Cotton BA, Johnson JC, Ellzey M, Pinson CW. Donor conversion and organ yield in traumatic brain injury patients: missed opportunities and missed organs. J Trauma. 2008 Jun;64(6):1573-80.

6. Kompanje EJ, Bakker J, Slieker FJ, Ijzermans JN, Maas AI. Organ donations and unused potential donations in traumatic brain injury, subarachnoid haemorrhage and intracerebral haemorrhage. Intensive Care Med. 2006 Feb;32(2):217-22.

7. Faucher A, Savary D, Jund J, Dorez D, Debaty G, Gaillard A, et al. Out-of-hospital traumatic cardiac arrest: an underrecognized source of organ donors. Transpl Int. 2014 Jan;27(1):42-8.

8. Shafer TJ, Ehrle RN, Davis KD, Durand RE, Holtzman SM, Van Buren CT, et al. Increasing organ recovery from level I trauma centers: the in-house coordinator intervention. Prog Transplant. 2004 Sep;14(3):250-63.

9. Joseph B, Khalil M, Pandit V, Orouji Jokar T, Cheaito A, Kulvatunyou N, et al. Increasing organ donation after cardiac death in trauma patients. Am J Surg. 2015 Sep;210(3):468-72.

10. Canadian Blood Services. Call to Action, A strategic plan to improve organ and tissue donation and transplantation performance for Canadians. April 2011. Available at: https://blood.ca/sites/default/files/otdt-indx-final-c2a.pdf

11. Badovinac K, Greig PD, Ross H, Doig CJ, Shemie SD. Organ utilization among deceased donors in Canada, 1993-2002. Can J Anaesth. 2006 Aug;53(8):838-44.

 Kramer AH, Zygun DA, Doig CJ, Zuege DJ. Incidence of neurologic death among patients with brain injury: a cohort study in a Canadian health region. CMAJ. 2013 Dec 10;185(18):E838-45.

13. Kramer AH, Baht R, Doig CJ. Time trends in organ donation after neurologic determination of death: a cohort study. CMAJ Open. 2017 Jan 13;5(1):E19-E27.

14. Von Elm E, Altman DG, Egger M, Pocock SJ, Gøtzsche PC, Vandenbroucke JP; STROBE Initiative. Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) statement: guidelines for reporting observational studies. BMJ 2007; 335(7624):806-8.

15. Trauma Nova Scotia. Trauma Nova Scotia 2016 Annual Report. Available at:

http://docs.wixstatic.com/ugd/bb84cc_c1c981a1452445c2ba6708030fdedf40.pdf

16. NS Department of Health and Wellness. Organ and tissue donation process: what health professionals need to know. March 2015. Available at:

http://www.legacyoflife.ns.ca/health_professionals/Organ-and-Tissue-Donation-Process-What-Health-Professionals-Need-to-Know.pdf

17. Canadian Blood Services. Deceased Donation Data Working Group Report. June 30, 2016.Available at:

https://professionaleducation.blood.ca/sites/msi/files/DDDWG_report_FINAL%202016-06-30.pdf

2	
3	18 IBM Corn Released 2016 IBM SPSS Statistics for Windows Version 24.0 Armonk NV
4	
5	
6	IBM Corp.
7	
8	19. Raoof M, Joseph BA, Friese RS, Kulvatunyou N, O'Keeffe T, Tang A, et al. Organ donation
9	
10	after traumatic cardionulmonary arrest Am I Surg 2011 Dec: 202(6): 701 6
11	and traumatic cardiopullionary artest. All J Surg. 2011 Dec,202(0).701-0.
12	
13	20. Guerra-Sáenz EK, Narváez-Navarro AG, Hernández-López AC, Rojas-Delgado CE, Ruíz-
14	
15	Cantú G. Cordero-Pérez P. et al. Causes for an incomplete donation process at a tertiary care
15	······································
10	hagnital Trangelant Dress 2016 Mar: 49(2):552 5
17	nospital. Transpiant Ploc. 2010 Mai, $46(2)$.552-5.
10	
19	21. Nova Scotia Legislature. Bill No. 121: Human Organ and Tissue Donation Act. December
20	
21	2010 Available at: https://nslegislature.ca/legc/bills/61st_2nd/3rd_read/b121.htm
22	2010. Available at. <u>https://https/blatte.ca/logo/bills/015t_2ila/5ta_toad/0121.ittill</u>
23	
24	22. Siminoff LA, Gordon N, Hewlett J, Arnold RM. Factors influencing families' consent for
25	
26	donation of solid organs for transplantation. JAMA. 2001 Jul;286(1):71-77.
27	
28	23 Alarhavem AO Cohn SM Muir MT Myers IG Fugua I Fastridge BI Organ donation an
29	25. Alamayem AQ, Comi Sivi, Mult M11, Myers 50, 1 uqua 5, Eastridge D5. Organ donation, an
30	
31	unexpected benefit of aggressive resuscitation of trauma patients presenting dead on arrival. J Am
32	
33	Coll Surg. 2017: 224(5):926–32.
34	
35	
36	
37	
38	
39	
40	
41	
42	
43	
44	
45	
46	
47	
т, Л8	
40 40	
47 50	
50	
51	
52	
53	



Figure 1: Organ donation in Nova Scotia, 2009-2016. Note: NSTR = Nova Scotia Trauma Registry, LLDR = Legacy of Life Donor Registry, NDD = Neurological determination of death, DCD = Donation after circulatory death. A potential donor in the NSTR was defined as a trauma patient who died in hospital, had an appropriate ICD-10-CA injury code (see Appendix A), and received mechanical ventilation during their hospital stay. The LLDR definition of a potential organ donor was a patient who met the following four criteria: 1) GCS \geq 5T (2009-2013) **or** grave prognosis or GCS \geq 5T (2014-2016); 2) irreversible brain injury (2009-2013) **or** injured brain or non-recoverable injury or illness (2014-2016); 3) patient intubated and ventilator-dependent; and 4) end of life discussion held with family and decision made to withdraw life sustaining therapy. *3 patients were ineligible for more than 1 reason; †8 patients were ineligible for more than 1 reason.



Figure 2: Trends in number of potential organ donors and conversion rates by fiscal year. Conversion rate was defined as proportion of eligible donors who became actual donors. Criteria for a potential donor was a patient who met the following four criteria: 1) GCS \geq 5T (2009-2013) <u>or</u> grave prognosis or GCS \geq 5T (2014-2016); 2) irreversible brain injury (2009-2013) <u>or</u> injured brain or non-recoverable injury or illness (2014-2016); 3) patient intubated and ventilator-dependent; and 4) end of life discussion held with family and decision made to withdraw life sustaining therapy.

Table 1: Characteristics of trauma patients who died in hospital and were or were not potential organ donors*

Characteristic	PODs n = 274	Non-PODs <i>n</i> = 415	<i>p</i> -value
Age, mean (SD)	55.6 ± 23.5	71.9 ± 20.9	<0.001
Gender, male, <i>n</i> (%)	196 (72)	265 (64)	0.036
Residence			0.37
Urban	186 (68)	290 (70)	
Rural	84 (31)	123 (29)	
Vissing	n < 5	n < 5	
Injury location, <i>n</i> (%)			0.39
Within HRM	93 (34)	150 (36)	
Outside of HRM	158 (58)	241 (58)	
Missing	23 (8)	24 (6)	
ntermediate facilities, <i>n</i> (%)			<0.001
)	145 (53)	283 (68)	
1	115 (42)	81 (20)	
2 or more	14 (5)	29 (7)	
Missing	0 (0)	22 (5)	
njury type, <i>n</i> (%)			<0.001
Blunt	242 (88)	334 (80)	
Drowning/asphyxia	23 (8)	21 (5)	
Other†	9 (4)	60 (15)	
Cause of injury, <i>n</i> (%)			<0.001
Falls	116 (42)	247 (60)	
Notor vehicle collision	75 (27)	50 (12)	
Self-harm	29 (11)	17 (4)	
Other	54 (20)	101 (24)	
CD-10-CA injury code,‡ <i>n</i> (%)			<0.001
Traumatic SDH	192 (70)	153 (37)	
Traumatic SAH	154 (56)	85 (20)	
Focal brain injury	117 (43)	44 (11)	
Fracture, base of skull	101 (37)	20 (5)	
Fracture, vault of skull	70 (26)	23 (6)	
Traumatic cerebral edema	59 (22)	14 (3)	
Diffuse brain injury	52 (19)	n < 5	
Other	116 (42)	89 (21)	
Comorbidities,§ <i>n</i> (%)			0.30
Cardiac/vascular	58 (21)	98 (24)	
Neurological	25 (9)	32 (8)	
Respiratory	7 (3)	18 (4)	
Neoplastic	5 (2)	18 (4)	

Infectious disease	n < 5	12 (3)	
Renal	n < 5	10 (2)	
Gastrointestinal	n < 5	6 (1)	
Other	38 (14)	59 (14)	
Injury severity			
ISS, mean (SD)	28.5 ± 12.1	20.7 ± 11.0	<0.001
AIS Head, mean (SD)	4.5 ± 0.7	3.9 ± 1.3	<0.001
Scene GCS, mean (SD)	6.9 ± 4.6	11.0 ± 4.9	<0.001
Trauma team activation, <i>n</i> (%)	111 (41)	55 (13)	<0.001
Transport to final institution, <i>n</i> (%)			<0.001
Land	194 (71)	359 (86)	
Air¶	53 (19)	13 (3)	
Both land and air	22 (8)	12 (3)	
Other**	n < 5	12 (3)	
Missing	n < 5	19 (5)	
Hospital stay			
ICU admission, <i>n</i> (%)	183 (67)	76 (18)	<0.001
ICU LOS - days, mean (SD)	4.4 ± 5.2	4.7 ± 7.3	0.72
In-hospital LOS - days, mean (SD)	7.0 ± 27.8	9.3 ± 21.1	0.22
Ventilator days, mean (SD)	2.9 ± 3.6	3.4 ± 5.2	0.29
Institution where patient died, <i>n</i> (%)			<0.001
QEII HSC	214 (78)	211 (51)	
Other	60 (22)	204 (49)	

Note: POD = potential organ donor, SD = standard deviation, HRM = Halifax Regional Municipality, ICD-10-CA = International Statistical Classification of Diseases and Related Health Problems, 10th Revision, Canada, SDH = subdural hemorrhage, SAH = subarachnoid hemorrhage, ISS = Injury Severity Score, AIS = Abbreviated Injury Scale, GCS = Glasgow Coma Scale, ICU = intensive care unit, LOS = length of stay, QEII HSC = Queen Elizabeth II Health Sciences Centre.

*Based on the NSTR definition of a POD being a trauma patient who died in hospital, had an appropriate ICD-10-CA injury code (see Appendix A), and received mechanical ventilation during their hospital stay.

†Other injury types included penetrating injuries and burns.

‡ICD-10-CA codes from NSTR definition of a POD (Appendix A). Some patients had multiple injury codes.

§Some patients had multiple comorbidities

¶Air includes both helicopter and fixed-wing aircraft.

**Other transport modes included private vehicle and walk in.

2	
2	
3	
4	
5	
6	
7	
/	
8	
9	
10	
10	
11	
12	
13	
14	
14	
15	
16	
17	
10	
18	
19	
20	
21	
21	
22	
23	
24	
25	
25	
26	
27	
28	
20	
29	
30	
30 31	
30 31 32	
30 31 32	
30 31 32 33	
30 31 32 33 34	
30 31 32 33 34 35	
30 31 32 33 34 35 36	
30 31 32 33 34 35 36	
30 31 32 33 34 35 36 37	
 30 31 32 33 34 35 36 37 38 	
 30 31 32 33 34 35 36 37 38 39 	
 30 31 32 33 34 35 36 37 38 39 40 	
30 31 32 33 34 35 36 37 38 39 40	
 30 31 32 33 34 35 36 37 38 39 40 41 	
30 31 32 33 34 35 36 37 38 39 40 41 42	
30 31 32 33 34 35 36 37 38 39 40 41 42 43	
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 40 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 	
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 50 51 52	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 	
 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 	
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 50 51 52 53 54 55	
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 90 51 52 53 54 55	
30 31 32 33 34 35 36 37 38 40 41 42 43 44 45 46 47 48 90 51 52 53 54 55 56	

59

60

1

Table 2: Organ donation by decease	d trauma and non-trauma patients
------------------------------------	----------------------------------

Variable	Trauma donors <i>n</i> = 48	Non-trauma donors <i>n</i> = 81	<i>p</i> -value
Conversion rate*	84%	84%	0.91
Consent rate+	69%	66%	0.63
Age, mean (SD)	39.7 ± 20.5	49.1 ± 14.0	0.002
Gender, male, n (%)	34 (71)	38 (47)	0.008
Type of donor, <i>n</i> (%)			0.93
NDD	40 (83)	68 (84)	
DCD	8 (17)	13 (16)	
MSI card signed, <i>n</i> (%)			0.75
Yes	22 (46)	39 (49)	
No	20 (42)	29 (35)	
Unknown	6 (12)	13 (16)	
MSI donor classification,‡ n (%)			0.75
Donor 1	18 (38)	31 (38)	
Donor 2	5 (10)	8 (10)	
Missing	25 (52)	42 (52)	
Organs donated	203	335	
Organs per donor	4.23	4.14	
Organ types donated			
Kidney	91	153	
Liver	37	58	
Lung	32	71	
Pancreas	23	32	
Heart	20	21	

Note: SD = standard deviation, NDD = Neurological determination of death, DCD = Donation after circulatory death, MSI = Medical Services Insurance. *Percentage of eligible donors who became actual donors. †Percentage of eligible PODs (or their families) approached for consent who gave consent to become a donor. ‡Patient indicated their intent to donate all organs (Donor 1) or specific organs (Donor 2).

Table 3: Reasons for non-donation in potential organ donors who were or were not referred to the Legacy of Life Program

Reason*	Trauma PODs <i>n</i> = 60	Non-trauma PODs <i>n</i> = 170	<i>p</i> -value
Medically unsuitable, <i>n</i> (%)	23 (38)	70 (41)	0.70
Not declarable	9 (15)	26 (15)	0.96
Age†	7 (12)	22 (13)	0.80
Did not expire within time frame allotted‡	7 (12)	14 (8)	0.43
Other§	5 (8)	27 (16)	0.15
Unknown	n < 5	7 (4)	0.79
Family refused consent, <i>n</i> (%)	28 (46)	51 (30)	0.019
Wait time for donation process	11 (18)	8 (5)	<0.001
Family belief	8 (13)	14 (8)	0.25
Unknown	9 (15)	26 (15)	0.95
Missed referral	12 (20)	55 (32)	0.07
Medically unsuitable	6 (10)	29 (17)	0.19
Family refused consent or was not approached	n < 5	0 (0)	0.09
Unknown	5 (8)	26 (15)	0.17

Note: POD = potential organ donor.

*Some patients did not become organ donors for more than 1 reason.

†Age limit for DCD was <55 years prior to June 2010 and <65 years after June 2010. ‡Time frame was 2 hours following withdrawal of life support.

§Other reasons included cancer, multi-organ failure, hepatitis, sepsis, and renal failure.

Appendix A

The NSTR definition of a potential organ donor was any trauma patient in the NSTR who died in

hospital and met the two criteria listed below:

- 1. Had at least one of the following ICD-10-CA injury codes:
 - a. S06 Intracranial injury
 - b. S07 Crushing injury of head
 - c. S08 Traumatic amputation of part of head
 - d. S09 Other and unspecified injuries of the head
 - e. S02.0 Fracture of vault of skull
 - f. S02.1 Fracture of base of skull
 - g. S02.7 Multiple fractures involving skull and facial bones
 - h. S02.89 Fractures of other unspecified skull and facial bones
 - i. T71 Asphyxiation (Note: use of this code in the NSTR began in April 2011)
- 2. Received mechanical ventilation at any time during hospital stay.