Appendix 2 (as supplied by the authors): Study design features of non-observational studies

Article		Fraser LK et al 2013 ¹					
Allocation		Individual level					
Study design		RCS					
Study design features		Support for judgment					
Was there a comparison:							
Between two or more groups of clusters receiving different interventions?	Y	those not referred within a health authority invo					
Within the same group of clusters over time?	Y	for comparison within groups overtime					
Were participant/clusters allocated to groups	by:						
Concealed randomization?	N	N Record of program acceptance from the Pediatric					
Quasi-randomization?	N						
By other action of researchers?	N						
Time differences?	N	N (family preferences, stigma, distance to the hospice, etc)					
Location differences?	U	U					
Policy/public health decisions?	Υ	Y					
Cluster preferences?	U	U					
Some other process? (specify)	U						
Which parts of the study were prospective:							
Identification of participating clusters?			Ν	Administrative database analysis - entirely			
Assessment of baseline and allocation to inter	venti	on?	Ν	retrospective			
Assessment of outcomes?			Ν				
Generation of hypotheses?			С				
On what variables was comparability between groups assessed:							
Potential confounders?	Υ	"- T	he i	regression model controlled for confounders			
Baseline assessment of outcome variables?	N including the covariates: age at diagnosis, disease category, gender and deprivation category."						
Other notantial sources of higs/confounding/lin							

- -There was no comparison of the outcome variable before the "referral" point between the groups to check for baseline differences.
- Whether the patients where still in disease-directed treatment in both groups was not measured and/or controlled, and could be an explanatory factor for decrease in planned admissions.
- The authors did not include days spent in hospice for the referred group to complement the total number of admissions for that group. It might conceal some shifting in resource utilization important to be measured in terms of healthcare resources consumption.
- In the hospice group, median time from the diagnosis date to referral was calculated by cancer category and then applied to the same category in the control group, to create a point for comparison before/after referral. Interquartile range for time to referral varied widely between categories from 85 to over 1100 days.
- Negative binomial regression modeling was used including each person's post referral period in the model as an exposure term.
- The patients who did not linked to the NHS hospital admission system (10.1%) differed from the patients included in this analysis and tended to be male, diagnosed under age of 5, and diagnosed towards the beginning of the study period.
- Among the patients included in the analysis, the groups did differ in some demographics such as smaller % of patients between 15-19 referred to the hospice services, and disease category of Central Nervous System being the largest group disease among those referred to the hospice.

Article		Keele L et al 2013 ²				
Allocation		Individual level				
Stydy design		RCS				
Study design features		Support for judgment				
Was there a comparison:						
Between two or more groups of clusters	Υ	Database from >40 hospital across USA. Other				
receiving different interventions?		than the proportion of patients accessing PC				
Within the same group of clusters over time?	N	services, no other characteristics were compared over time.				
Were participant/clusters allocated to groups by:						
Concealed randomization?	N	Based on billing code, which changed overtime				
Quasi-randomization?	N	according to PC guidelines				
By other action of researchers?	N					
Time differences?	N					
Location differences?	N					
Policy/public health decisions?	Υ					
Cluster preferences?	U					
Some other process? (specify)	U					
Which parts of the study were prospective:						
Identification of participating clusters?	N	Administrative database analysis - entirely				
Assessment of baseline and allocation to intervention?	N	retrospective				
Assessment of outcomes?	N					
Generation of hypotheses?	N					
On what variables was comparability between gro	ups a	ssessed:				
Potential confounders?	Y	LOS and Cost were not adjusted for by possible confounders, other than geography.				
Baseline assessment of outcome variables?	N	Differences in the distribution of certain characteristics were presented (age, health insurance, race, diagnosis)				
Other potential sources of bias/confounding/limitations/comments						

- Children who received PC consultations in the last admission before death were different in some characteristics such as older age, race distributions with less access by blacks, having more private insurance, and increase access along the years.
- Diseases categories varied significantly. In a subgroup analysis of complex chronic conditions (CCCs) patients (85% of the entire cohort) compared to those not having CCCs, patients with CCCs were more likely to have had a PC consultation (RR 2.2; 95% CI 1.7–2.8).
- Comparison included all causes of death, no subgroup analysis for CCC group were presented on the differences in demographics and clinical characteristics.
- The authors discussed limitations of the study regards to exclusion of patients discharged under hospice program and admissions < 5 days, which may have underestimated the total numbers.
- Changes in coding practices and maturation of PPCP also represent a potential bias because it cannot be measured.

Article				Dussel V et al 2009 ³		
Allocation				Individual level		
Stydy design	design			RCS		
Study design features	Study design features			Support for judgment		
Was there a comparison:						
Between two or more groups of cluster	ſS		Υ	Cross-sectional survey with retrospective		
receiving different interventions?				chart review + retrospective cohort		
Within the same group of clusters over			Υ	comparison.		
Were participant/clusters allocated to	grou	ps by:	1			
Concealed randomization?			N	Based on survey responses, children from 2		
Quasi-randomization?			N	clusters were separated in to 2 groups (had or had not planned the LOD by their		
By other action of researchers?			Υ	parents).		
Time differences?			N	purches).		
Location differences?			N			
Policy/public health decisions?			Υ			
Cluster preferences?			U			
Some other process? (specify)			U			
Which parts of the study were prospect	ive:					
Identification of participating clusters?			N	Retrospective chart review		
Assessment of baseline and allocation	to		N	Cross-sectional survey		
intervention?						
Assessment of outcomes?			N			
Generation of hypotheses?			U			
On what variables was comparability b	etwe	een gro	ups (assessed:		
Potential confounders?	Υ	• For	the	determinants of having or not having		
			anned LOD, there was some control for confounders.			
	<u> </u>	For th	ne he	ealth resource utilization, no confounding was		
Baseline assessment of outcome	N	N addressed.The impact of LOD planning on healthcare resour				
variables?						
				ondary outcome and was not controlled for		
	<u>,.</u>	any confounder, nor was it further explored.				
Other potential sources of bias/confounding/limitations/comments						
	on p	hysicia	n's c	onsent, which was declined for 19 families. It		
might introduce some selection bias.						

- Only one parent was interviewed which might have introduced some non-response bias.
- Some interviews were done long time after the fact which might represent some recall bias (median 3 years).
- Response rate 64%. The non-respondents were similar at child's age at death and diagnosis.
- The study used regression with stepwise approach to study the determinants of planning LOD and control for confounders. The authors run sensitivity analysis for missing data and by physicians cluster. No differences in the results were shown.
- Children with hematological cancer, those who died from treatment related complications, those families who were very religious were less likely to have planned LOD.
- Children who had private insurance, families who had experience previous losses, those who reported that oncologist clearly explained treatment options and those who access home care were more likely to have planned LOD.

Article	Knapp CA et al 2009 ⁴

Allocation			Individual level			
Stydy design				RCS		
Study design features				Support for judgment		
Was there a comparison:						
Between two or more group			Υ	Included children from several hospitals		
receiving different intervent	ions	}		and hospice catchment areas within		
Within the same group of clusters over time?			Υ	province		
Were participant/clusters al	locat	ed to groups by	:			
Concealed randomization?			Ν	The authors allocated the 2 groups based		
Quasi-randomization?			Ν	on claims for hospice services. Limitations		
By other action of researche	rs?		Υ	from unbilled and unpaid services existed as 5 patients in the non-hospice user		
Time differences?			N	group died in hospice.		
Location differences?			Ν			
Policy/public health decision	ns?		Υ			
Cluster preferences?			U			
Some other process? (specif	y)		U			
Which parts of the study we	re pr	ospective:				
Identification of participatin	g clus	sters?	Ν	Administrative database entirely		
Assessment of baseline and intervention?	allo	cation to	Ν	retrospective		
Assessment of outcomes?			N			
Generation of hypotheses?			U			
On what variables was comp	parak	oility between gr	oup	s assessed:		
Potential confounders?	N	There was subgroup analysis per diagnosis group but no regression was carried to control for other covariates (e.g.				
Baseline assessment of outcome variables?	N	 gender, race, length of enrollment in the insurance, etc.) to determine differences in healthcare expenditures between groups. No statistical test was applied to check significant differences between groups in healthcare expenditures. 				
Other potential sources of bi	as/c	onfounding/limi	tati	ons/comments		
- Although the authors found some patients' characteristics to be associated to more or less hospice use, when analyzing the expenditures, only subgroup analysis by diagnostic category were presented. No other factor was control as confounders (gender, race and time enrolled in						

- The authors discussed the limitations of the study such as the limited generalizability for children with private insurance or uninsured, which represents 2/3 of the pediatric population

the Medicaid program, place of death).

dying in the province.

Article				Arland LC et al 2013 ⁵
Allocation				Group Level
Stydy design			ChBA	
Study design features				Support for judgment
Was there a comparison:				
Between two or more groups of clusters receiving different interventions?			Ν	Children with brain tumors from a single pediatric-oncology
Within the same group of clus	ters o	ver time?	Υ	department that implemented an EOL program
Were participant/clusters alloc	cated t	to groups by:		
Concealed randomization?			Ν	Study Before/after the
Quasi-randomization?			N	implementation of a
By other action of researchers	?		Ν	standardized EOL program
Time differences?			Υ	carried by a hospital
Location differences?			Ν	
Policy/public health decisions?			Υ	
Cluster preferences?			na	
Some other process? (specify)			na	
Which parts of the study were	prosp	ective:		
Identification of participating of	cluster	rs?	Ν	Chart review entirely prospective
Assessment of baseline and a	llocati	on to intervention?	Ν	
Assessment of outcomes?			Ν	
Generation of hypotheses?	Generation of hypotheses?			
On what variables was compar	rability	y between groups ass	essea	<i>l</i> :
Potential confounders?	N		not having addressed any potential lifficulties with missing data	
Baseline assessment of outcome variables?	na	(demographics), unclear EOL periods before the program was implemented, and changes in treatment course/disease management founding/limitations/comments		

- The groups had different criteria to determine EOL period. Several individuals in the historical control had EOL determined based on radiology reports of the disease progression, which does not mean they had been treated as EOL patients. The intervention group had a date for EOL discussion, referral to hospice or complete DNR order. The historical control cohort period was reduced because there was no formal onco-pediatric program previous to this date compromising the quality of data quality.
- Authors explain exclusion of only 22/52 patients excluded from the initial cohort of 166 patients.
- The authors aimed to measure symptoms but did not present any data on that other than hospitalizations. Likewise, they stated fewer complication after the implementation of the program but did not show any data.
- No demographic data comparison was presented. No ethics approval was mentioned.
- Although the authors extensively stated the limitations for the study such as temporality, demographics information missing, no symptom measurement scale available, maturation of the disease management and EOL care, changes in health insurance policies, no statistical analysis were applied to some presented outcomes.

Article		Postier et al 2014 6		
Allocation		Individual level		
Stydy design		ChBA		
Study design features		Support for judgment		
Was there a comparison:				
Between two or more groups of clusters receiving different interventions? Within the same group of clusters over time?	N	Children enrolled in the PPCP carried by a tertiary provider Pre/Post cost and hospital admissions		
- '		comparison		
Were participant/clusters allocated to groups by				
Concealed randomization?	N	Authors classified the pre/post period		
Quasi-randomization?	N	based on the first day of PPCP/hospice		
By other action of researchers?	Υ	program utilization		
Time differences?	N			
Location differences?	N			
Policy/public health decisions?	N			
Cluster preferences?	U			
Some other process? (specify)	U			
Which parts of the study were prospective:	•			
Identification of participating clusters?	N	Administrative database entirely		
Assessment of baseline and allocation to intervention?	N	retrospective		
Assessment of outcomes?	N			
Generation of hypotheses?	N			
On what variables was comparability between groups assessed:				
Potential confounders?	Υ	Multivariate regression accounting for		
Baseline assessment of outcome variables?	Υ	exposure to the program, disease group and study period		
Other potential sources of bias/confounding/limitations/comments				

- As any other pre/post design without a control group for comparison, it's unclear whether the observed decrease in LOS and charges are due to the PPCP or a natural trend among those type of patients.
- It is not clear the proportion of patients who died at the hospital/home, which would deeply affect charges closer to death.
- Selection bias regards to referral are always present in this type of program.
- Charges with home care were not accounted for.
- Non-parametric test applied to compare the outcomes pre/post does not take into account the different time of exposure to the program which may overestimate the differences between pre/post.
- Authors do not report the estimates from the regressions.

Article	Gans D et al 2012 ⁷						
Allocation		Individual level					
Stydy design		ChBA					
Study design features		Support for judgment					
Was there a comparison:							
Between two or more groups of clusters receiving different interventions?	Υ	Children enrolled in the community palliative care program in California, using several					
Within the same group of clusters over time?	Υ	healthcare providers in different counties					
Were participant/clusters allocated to groups b	y:						
Concealed randomization?	N	Before-after enrollment in the program					
Quasi-randomization?	N	criteria not clearly stated. It seems to be a					
By other action of researchers?	N	registry for the enrollees.					
Time differences?	Υ						
Location differences?	N						
Policy/public health decisions?	Υ						
Cluster preferences?	U						
Some other process? (specify)	U						
Which parts of the study were prospective:							
Identification of participating clusters?	N	Administrative database entirely					
Assessment of baseline and allocation to intervention?	N	retrospective					
Assessment of outcomes?	N						
Generation of hypotheses?	N						
On what variables was comparability between	grou	os assessed:					
Potential confounders?	N	Authors did not address confounders that					
Baseline assessment of outcome variables?	N	could influence the outcomes such as diagnosis type, city, age, availability of services, proximity to death, etc.					
Other potential sources of bias/confounding/limitations/comments							

- The enrollment in the program depended on financial criteria to be covered by MediCal. Which included life-threatening conditions and were expanded to all conditions expected to consume more than 30 days/year of hospital admissions.
- Not clear if all the patients enrolled in the same point in time, and if the before and after expenditures were flagged as such, independent of how long they were under the program.
- Unbilled or unpaid claims were excluded from the data, possibly overestimating cost savings.
- Survey used a likert scale of 4 points the author's called quality of life. No validation mentioned.
- No control group was used to compare natural trends in shift of healthcare resources utilization.
- The authors briefly mention certain limitations of the study and the need to use full administrative data with control, to better estimate the differences suggested by this report on the shift of healthcare resource allocation.

Article		Pascuet E et al 2010 ⁸			
Allocation		Individual level			
Stydy design		ChBA			
Study design features		Support for judgment			
Was there a comparison:					
Between two or more groups of clusters receiving different interventions?	N	Children who used the respite admission at least once, had their total hospital/hospice			
Within the same group of clusters over time?	Y	admissions measured before and after access to first respite			
Were participant/clusters allocated to groups by:					
Concealed randomization?	N	It is not clear whether the groups were			
Quasi-randomization?	N	determined by the date of hospice opening			
By other action of researchers?	N	or the date of first utilization of respite services from a pediatric hospice			
Time differences?	N	services from a pediatric hospice			
Location differences?	N				
Policy/public health decisions?	Υ				
Cluster preferences?	U				
Some other process? (specify)	U				
Which parts of the study were prospective:					
Identification of participating clusters?	N	Administrative database entirely			
Assessment of baseline and allocation to intervention?	N	retrospective			
Assessment of outcomes?	N				
Generation of hypotheses?	N				
On what variables was comparability between grou	ps ass	essed:			
Potential confounders?	N	Authors did not address confounders that			
Baseline assessment of outcome variables?	N	could influence outcomes such as different types of inpatient utilization, diseases			
Other potential sources of bias/confounding/limitat	ions/c	categories, age or proximity to services.			

- The authors stated that the cost for inpatient admissions at the hospital had a fixed cost per day (based on 2007 cost), based on the interprovincial billing rate (including direct healthcare cost and overhead costs). Costs were not differentiated per type of admission - general, critical care.
- Not clear if costs included emergency and outpatient visits, and how their costs were addressed.
- Cost for hospice care was calculated by average cost per day, being the annual hospice budget divided by number of beds per year. It seems that hospice only provided respite care.
- Not clear if all patients included had 24 months of observation period. Not clear, in case of shorter period, if the outcomes were weighted by time in the study.
- The authors recognize the limitations of different cost analyses across institutions.

Article	Smith A et al 2013 ⁹			
Allocation		Individual level		
Stydy design		ChBA/RCS		
Study design features		Support for judgment		
Was there a comparison:				
Between two or more groups of clusters receiving	N	Children discharged from a single		
different interventions?		tertiary care provider		
Within the same group of clusters over time?	Υ			
Were participant/clusters allocated to groups by:				
Concealed randomization?	N	Authors classified groups based on		
Quasi-randomization?	N	utilization of PC consultation		
By other action of researchers?	N			
Time differences?	Υ			
Location differences?	N			
Policy/public health decisions?	Υ			
Cluster preferences?	na			
Some other process? (specify)	na			
Which parts of the study were prospective:				
Identification of participating clusters?	na	Abstract does not bring enough		
Assessment of baseline and allocation to	na	information on the methods		
intervention?				
Assessment of outcomes?	na			
Generation of hypotheses?	na			
On what variables was comparability between groups	asses	ssed:		
Potential confounders?	N	Authors did not control for any		
Baseline assessment of outcome variables?	N	confounders		
Other potential sources of bias/confounding/limitations/comments				

- Abstract presented at a conference. It does not bring enough information about the methods applied in this research. We are unable to evaluate risk of bias, selection and identification of participants, intervention definition.
- The authors did not control for differences in the population found in the research such as gender, comorbidities, technology dependence.

Article		Ward-Smith P et al ¹⁰	
Allocation		Group Level	
Stydy design	CC		
Study design features		Support for judgment	
Was there a comparison:			
Between two or more groups of clusters receiving different interventions?	Υ	Cases and controls from 1 hospital who carried the PPCP	
Within the same group of clusters over time?	Υ		
Were participant/clusters allocated to groups by:			
Concealed randomization?	N	Cases and controls were not chosen	
Quasi-randomization?	N	randomly, and were rather chosen	
By other action of researchers?	Υ	to provide a range of diagnoses and enrollment in the PPCP within 6	
Time differences?	U	months prior to death.	
Location differences?	N	months prior to death.	
Policy/public health decisions?	N		
Cluster preferences?	U		
Some other process? (specify)	U		
Which parts of the study were prospective:			
Identification of participating clusters?	N	Administrative database entirely	
Assessment of baseline and allocation to intervention?	N	retrospective	
Assessment of outcomes?	Ν		
Generation of hypotheses?	N		
On what variables was comparability between groups ass	esse	d:	
Potential confounders?	N	None	
Baseline assessment of outcome variables?	N		

- Although the authors named the study as case-control, it is technically a cohort comparison, where the cohorts were distinct by the intervention received services from the pediatric palliative care program.
- Among the 133 possible cases identified under the inclusion criteria, the authors chose 9. This choice was not random but made by the authors to provide a range of diagnostics and because they had being enrolled in the PPCP within 6 months before death.
- Do not state the matching criteria and if it was randomly selected or, as the cases, chosen by nurses.
- Not clear if the controls were contemporary to the cases or if they were selected from the period before the implementation of the program.
- Controls were slightly different in gender, and race.
- It does not specify if the cost was adjusted to reflect the inflation, or if they incurred in the same period for cases and controls.

Article		Belasco JB et al ¹¹			
Allocation					
Stydy design	CR/CS				
Study design features		Support for judgment			
Was there a comparison:					
Between two or more groups of clusters receiving different interventions?	na	Case series with 3 patients			
Within the same group of clusters over time?	na				
Were participant/clusters allocated to groups by:					
Concealed randomization?	N	Out of the 154 patients enrolled in the			
Quasi-randomization?	N	PPCP during the study period, some			
By other action of researchers?	Υ	were selected by the author to reflect			
Time differences?	N	medically complicated patients, whose level of care at home was comparable			
Location differences?	N	to being in hospital, and differed only in			
Policy/public health decisions?	N	palliative intent rather than intent to			
Cluster preferences?	U	cure.			
Some other process? (specify)	U				
Which parts of the study were prospective:					
Identification of participating clusters?	N	Administrative database entirely			
Assessment of baseline and allocation to intervention?	N	retrospective			
Assessment of outcomes?	N				
Generation of hypotheses?	N				
On what variables was comparability between groups assessed:					
Potential confounders?	na	None			
Baseline assessment of outcome variables?	na				
Other notential sources of hias/confounding/limitations/comments					

- Did not state how the patients were selected.
- Did not describe how the number and types of procedures for charges comparison were measured and the comparison was created. It's not clear if the type of procedures were compared to a control, or if it was estimated to adapt to the home care model for the same patient, or if it was measured from the same patient in both settings.
- The authors stated that for home care, because the way the insurances operate locally, charges per day did not included physicians home visit, social worker, coordinator of care, skilled nurse visits longer than 2 hours. Also, visits and procedures not authorized by insurance were not included, which may represent part of the out-of-pocket expenses for families, and not reflected in this comparison.
- Charges do not appropriately reflect costs, introducing important measurement bias.

References

- 1. Fraser LK, van Laar M, Miller M, et al. Does referral to specialist paediatric palliative care services reduce hospital admissions in oncology patients at the end of life? *Br J Cancer* 2013;108:1273-9.
- 2. Keele L, Keenan HT, Sheetz J, et al. Differences in characteristics of dying children who receive and do not receive palliative care. *Pediatrics* 2013;132:72-8.
- 3. Dussel V, Kreicbergs U, Hilden JM, et al. Looking beyond where children die: determinants and effects of planning a child's location of death. *J Pain Symptom Manage* 2009;37:33-43.

- 4. Knapp CA, Shenkman E, Marcu M, et al. Pediatric palliative care: describing hospice users and identifying factors that affect hospice expenditures. *J Palliat Med* 2009;12:223-9.
- 5. Arland LC, Hendricks-Ferguson VL, Pearson J, et al. Development of an in-home standardized end-of-life treatment program for pediatric patients dying of brain tumors. *J Spec Pediatr Nurs* 2013;18:144-57.
- 6. Postier A, Chrastek J, Nugent S, et al. Exposure to home-based pediatric palliative and hospice care and its impact on hospital and emergency care charges at a single institution. *J Palliat Med* 2014;17:183-8.
- 7. Gans D, Kominski GF, Roby DH, et al. *Better outcomes, lower costs: palliative care program reduces stress, costs of care for children with life-threatening conditions.* Los Angeles: UCLA Center for Health Policy Research; 2012.
- 8. Pascuet E, Cowin L, Vaillancourt R, et al. A comparative cost-minimization analysis of providing paediatric palliative respite care before and after the opening of services at a paediatric hospice. *Healthc Manage Forum* 2010;23:63-6.
- 9. Smith A, Andrews S, Maloney C, et al. Pediatric palliative care in high cost patients. In: Poss WB, editor. *Pediatric critical care medicine. Conference: American Academy of Pediatrics, Section on Critical Care National Conference and Exhibition.* Vol 26. Orlando (FL): Lippincott Williams and Wilkins; 2013. Available: https://aap.confex.com/aap/2013/webprogram/Paper21649.html (accessed 2015 Jan. 8).
- 10. Ward-Smith P, Korphage RM, Hutto C. Where health care dollars are spent when pediatric palliative care is provided. *Nurs Econ* 2008;26:175-8.
- 11. Belasco JB, Danz P, Drill A, et al. Supportive care: palliative care in children, adolescents, and young adults-model of care, interventions, and cost of care: a retrospective review. *J Palliat Care* 2000;16:39-46.