

Appendix 1 (as supplied by the authors): Questions about adverse childhood experiences

The following questions are about events that happened during YOUR childhood; that is, before 18 years of age.

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| 1. Did you live with anyone who was depressed, mentally ill, or suicidal? | Yes/no |
| 2. Did you live with anyone who was a problem drinker or alcoholic? | Yes/no |
| 3. Did you live with anyone who used illegal street drugs or who abused prescription medications? | Yes/no |
| 4. Did you live with anyone who served time or was sentenced to serve time in prison, jail or other correctional facility? | Yes/no |
| 5. Were your parents separated or divorced? | Yes/no |
| 6. How often did your parents or adults in your household ever slap, hit, kick, punch or beat each other up? | Yes/no |
| 7. Before age 18, how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? (Please do not include spanking) | (never/once/more than once) |
| 8. How often did a parent or adult in your home ever swear at you, insult you, or put you down? | (never/once/more than once) |
| 9. How often did anyone at least 5 years older than you or an adult ever touch you sexually? | (never/once/more than once) |
| 10. How often did anyone at least 5 years older than you or an adult try to make you touch them sexually? | (never/once/more than once) |
| 11. How often did anyone at least 5 years older than you or an adult force you to have sex? | (never/once/more than once) |