

Appendix 1 (as supplied by the authors): APPROACH Definitions for Hypertension and Diabetes

- **Comorbidities (YES, NO or UNKNOWN)**
 - **HYPERTENSION:** (**YES** if patient has a history of hypertension diagnosed and/or treated by a physician. (CMAJ Guidelines 2000) Goal BP < 140/90.)

 - **DIABETES MELLITUS:** (**YES** if patient has a history of diabetes mellitus diagnosed and/or treated by a physician)
 - TYPE I: Insulin dependent diabetic –history of 2 of the following: diabetic ketoacidosis, juvenile onset, & insulin use within 2 years of diagnosis (if patient is not obese).
 - TYPE II: All other diabetics.