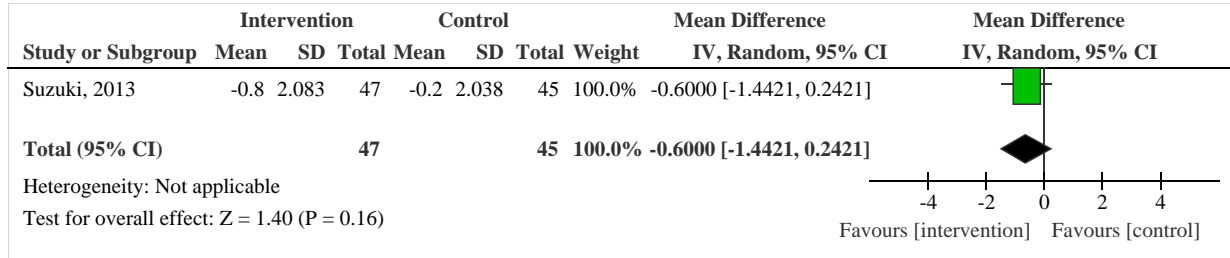
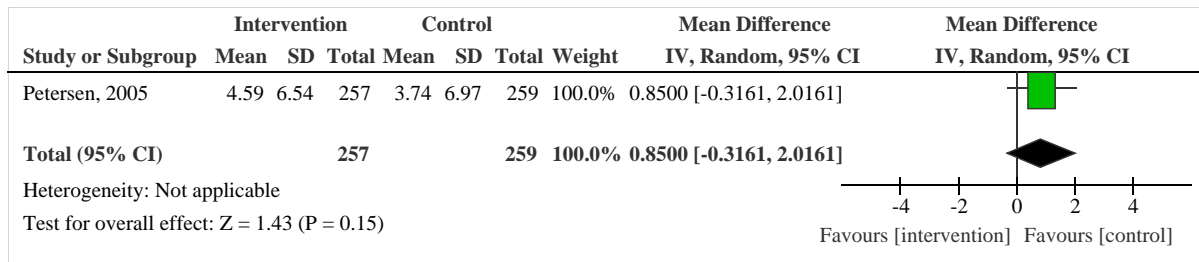


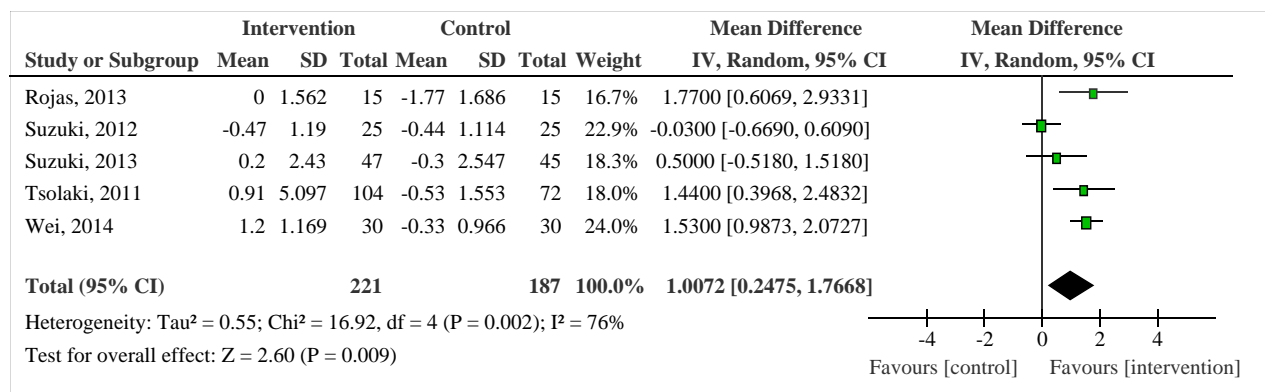
**Appendix 4 (as supplied by the authors): forest plots**



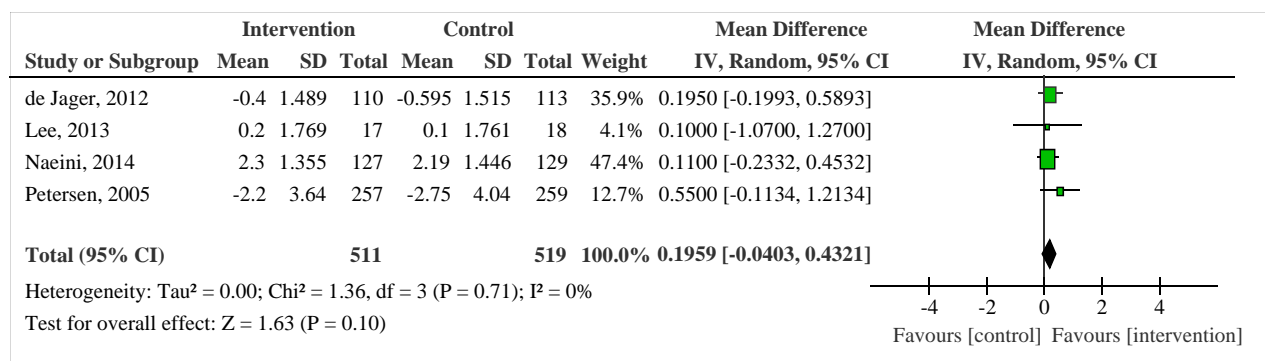
**Figure S1. Forest Plot: Effect of non-pharmacological interventions on Cognition assessed with ADAS-Cog**



**Figure S2. Forest Plot: Effect of Dietary supplements/Vitamins on Cognition assessed with ADAS-Cog**



**Figure S3. Forest Plot: Effect of non-pharmacological interventions on Cognition assessed with MMSE**



**Figure S4. Forest Plot: Effect of Dietary supplements/ Vitamins on Cognition with MMSE**

**List of studies:**

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Lee LK, Shahar S, Chin A-V, et al. Docosahexaenoic acid-concentrated fish oil supplementation in subjects with mild cognitive impairment (MCI): a 12-month randomised, double-blind, placebo-controlled trial. *Psychopharmacology (Berl)* 2013;225:605-12.

Naeini AM, Elmadfa I, Djazayeri A, et al. The effect of antioxidant vitamins E and C on cognitive performance of the elderly with mild cognitive impairment in Isfahan, Iran: a double-blind, randomized, placebo-controlled trial. *Eur J Nutr* 2014;53:1255-62.

