## Appendix 1 (as supplied by the authors): Reasons why respondents would be unwilling to use email/text messaging

Unwilling to use email	Total % (95% CI) <sup>†</sup>	Unwilling to use text messaging	Total % (95% CI) <sup>†</sup>
Don't know how to use email	51.5 (45.7 - 57.2)	Don't know how to use SMS	48.4 (43.4 - 53.5)
Don't like to use email	6.3 (3.6 - 10.8)*	Don't like to use SMS	10.5 (7.5 - 14.6)*
Email is not private	3.5 (1.9 - 6.2)*	SMS is not private	8.5 (5.9 - 11.9)*
Don't think email useful	8.0 (5.4 - 11.7)*	Don't think SMS useful	17.5 (13.5 - 22.3)
Not secure	9.5 (5.7 - 15.6)*	Find SMS annoying to use	3.0 (1.9 - 4.9)*
Want to talk to doctor	27.0 (22.1 - 32.6)	Costly	2.0 (0.7 - 5.8)**
No time to read email	0.5 (0.1 - 1.1)**	No time to read SMS	0.5 (0.2 - 1.2)**
TAll proportions and 95% Cls are weighted and bootstrapped as per Statistics Canada guidelines; *CV = 16%-33.3%; ** CV > 33.3%			