

Appendix 1 (as supplied by the authors): Prevalence of BMI categories in adults 18+ in Canada and Provinces and % Change 2000/-1-2011

Normal	NL	PEI	NS	NB	QC	ON	MB	SK	AB	BC	CANADA
2000/2001	39.0	40.5	42.1	41.9	52.4	47.9	45.5	43.0	47.6	53.8	49.0
2003	37.6	38.3	41.4	41.1	49.8	47.6	42.7	40.9	46.3	53.1	47.8
2005	35.7	38.5	40.2	37.4	49.5	47.4	42.5	40.6	45.9	50.8	47.2
2007/2008	34.9	38.5	38.0	38.8	48.9	45.5	43.0	39.5	44.8	52.3	46.3
2009/2010	34.3	40.8	37.9	35.4	47.3	45.1	38.6	39.5	44.1	52.0	45.5
2011	29.9	41.8	37.0	38.7	47.1	45.4	40.0	39.0	45.3	51.4	45.6
Overweight											
2000/2001	38.2	38.9	34.9	35.0	31.9	33.6	34.7	35.0	33.9	30.7	33.1
2003	40.4	38.4	35.6	36.8	33.2	34.2	36.3	36.6	35.6	31.7	34.1
2005	34.2	34.2	34.2	34.2	34.2	34.2	34.2	34.2	34.2	34.2	34.2
2007/2008	38.1	36.5	37.3	38.0	32.7	34.6	35.1	34.3	34.0	31.8	33.9
2009/2010	36.5	36.0	35.2	35.2	33.9	34.1	36.1	36.4	34.7	31.3	34.0
2011	41.8	34.3	37.5	34.3	33.3	33.7	36.5	37.3	33.0	31.3	33.6
Obese											
2000/2001	21.7	19.6	21.4	21.4	12.7	15.6	18.4	20.2	16.4	12.5	15.2
2003	20.6	21.5	20.6	20.7	14.2	15.4	18.8	20.5	15.9	12.0	15.4
2005	24.5	23.0	21.3	23.1	14.5	15.5	18.5	21.2	16.2	13.4	15.8
2007/2008	25.4	23.7	23.2	22.2	15.5	17.1	19.6	23.9	19.0	12.8	17.1
2009/2010	28.2	21.7	25.3	27.9	16.4	18.2	23.2	22.4	19.0	13.5	18.1
2011	27.7	23.5	23.7	25.1	16.8	18.4	21.6	22.1	19.3	14.5	18.3
Obese Class I											
2000/2001	16.1	14.7	14.7	16.0	9.5	11.5	13.0	14.4	12.2	9.3	11.3
2003	15.4	15.1	14.8	14.5	10.4	11.5	13.1	14.9	11.7	9.1	11.4
2005	16.6	15.6	15.1	15.6	10.9	11.3	13.3	15.1	11.9	9.9	11.6
2007/2008	18.0	16.3	15.8	15.5	11.4	12.1	13.0	16.7	13.4	9.6	12.2
2009/2010	20.5	15.2	17.0	19.3	12.0	13.1	15.7	15.6	13.4	10.2	13.0
2011	20.5	18.0	15.6	16.2	13.1	12.8	15.2	15.9	13.5	10.7	13.1

	NL	PEI	NS	NB	QC	ON	MB	SK	AB	BC	CANADA
Obese Class II											
2000/2001	4.1	3.3	4.8	3.7	2.4	2.9	3.8	4.3	2.9	2.2	2.8
2003	3.3	4.7	4.3	3.9	2.5	2.7	4.5	4.0	3.0	2.2	2.8
2005	5.9	4.6	4.0	4.9	2.6	2.9	3.2	4.2	3.2	2.4	3.0
2007/2008	4.9	5.5	4.8	4.2	3.0	3.4	4.9	4.4	4.0	2.2	3.4
2009/2010	5.6	4.0	5.7	5.7	3.0	3.6	4.9	4.6	3.7	2.3	3.5
2011	4.6	3.6	5.8	6.1	2.5	4.0	4.0	4.3	4.3	2.6	3.6
Obese Class III											
2000/2001	1.5	1.6	1.9	1.8	0.8	1.2	1.7	1.5	1.2	0.9	1.2
2003	1.9	1.8E	1.5E	2.3	1.3	1.2	1.2E	1.6	1.2	0.7	1.2
2005	2.0	2.7E	2.2	2.6	0.9	1.3	1.9	1.8	1.1	1.0	1.3
2007/2008	2.6	1.9E	2.6	2.5	1.2	1.9	1.7	2.8	1.6	0.9	1.5
2009/2010	2.0	2.5E	2.6	2.9	1.4	1.5	2.6	2.2	1.9	1.0	1.6
2011	2.6	2.5	2.3	2.8	1.2	1.7	2.4	2.0	1.4	1.2	1.6

Data Source: Statistics Canada, Canadian Community Health Survey, Share File, 2000/01 (20-64 years), 2003, 2005, 2007-2008, 2009-2010, & 2011 (Prepared by the Newfoundland & Labrador, Centre for Health Information)

E: Data with a coefficient of variation from 16.6%-33.3% are identified with an E and should be interpreted with caution.